



Educational Lectures

REMEMBER
YOUR PAST LIFE

**DrFahey's 7 Past Life
Discovery Scrolls**

- The Golden Staircase 1
- Doorway to Past Life 2
- Past Life Visions 3
- Past Life City Walk 4
- The Healing Light 5
- Past life-Interlife 6
- Past life Analysis 7

The Past-Life Diary

- It is not unusual to experience past-life flashes once you begin to exercise the mind through hypnosis.
- A good way of recording such flashes and stimulating even more is through the use of a diary.
- Writing and recording will reinforce the message to those deeper levels of the subconscious sending strong messages making it realize you truly are serious about opening those ancient doors to your past, present, and maybe even your future.

**The Beginning Passage Way To
Understanding Past-Lives**

CLASS ONE: Introduction Discussion - 10 mins.

1. Are there places you have always dreamt of visiting?
2. Are there places you would NEVER want to visit?
3. Are there periods of history with which you felt more kinship and enjoyed more?
4. Are there areas of the country you feel negative about?
5. Is there an area of the country you feel drawn to?
6. Are there certain people that you feel drawn to or have an interest in (racially, religiously, or socially)?
7. Are there fears that you remember having had your entire life, or since childhood?
8. What talents do you have that you have always known about, even if you have never used them?



9. What are your favorite foods? Least favorite?
10. Are there any chronic problems, emotional issues, or attitudes that you can attribute to early childhood?
11. Are there some people you have instantly felt close to, even if you have not known them long?
12. Are there people you have been repelled by or felt uncomfortable with, even if you have just met them?
13. Have you ever experienced a feeling of deja-vu?

Deja-vu comes from the French and means - "already seen." This is the experience of perceiving a scene, street, house, etc., being familiar even though it has never been seen before. Young children often offer spontaneous evidence of past-lives. Such expressions in children is more reliable than with adults. With adults there is a greater possibility of it reflecting information the adult has been exposed to but only forgotten. In young children this is much less likely, as is the possibility that it is simply the product of an overactive imagination.

LINKS

- HelloFromHeaven.com
- BelieversWanted.com

Have you ever had recurring dreams of a particular place or time?

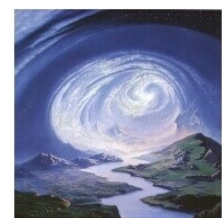
Dreams that reflect past-lives often recur, and they have a vivid reality about them.

QUESTIONS

1. Is an unknown language ever spoken within a dream you have had?
2. Are the characters and

- setting in the past?
3. Is there an anachronistic - something out of its proper time - element within a modern scene: i.e., clothing, tools from the past?
4. Have you ever had an out-of-body experience, consciously or not?
5. What of a near-death experience?

6. What could these tell you about the chance of life after death & rebirth?



Criteria For Writing

- It stimulates the psychic mind
- It stretches the mind to provide you with greater insight

Important Questions To Be Ask Yourself

- What did you experience?
- What feelings were stirred up?

KARMA - a link between two or more souls from one or more lifetimes.

A karmic debt is something you supposedly owe another person - or they owe you form another time line.

As all is parallel - the matter of karma - the wheel of karma - are soul connections in parallel realities.

Now we get caught up in the games of emotions - family and friends and what are called soul groups who plays in different realities / games together as friends and lovers - soul mates.

Here we find things owed and games played out that even we can not often make sense of.

PRACTICE SESSION ONE

CLASS TWO: 15 mins.
Start your diary with a story about your past - *make it up completely*. Choose an area of the world you have always been fascinated with, if you can or want to. Select a period in time. Write a fictional account of the sort of person you would have been. Do not be afraid to be creative and do not worry about historical accuracy. Take your time in writing this. Do not rush it. Do NOT use reference books. This project is for your eyes only.

In your description, answer the following questions:

1. Are you a male/female?
2. What did you do for work?
3. What kind of clothes or costumes did you wear?
4. What was your house like?
5. What kind of furnishings did you have?
6. What was a normal day in your life like there?
7. What were some of the customs of this era?
8. Were there any unusual customs?
9. Were you married? If so, did you have children? If not, why not?
10. What kind of laws existed at this time and place?

11. What were the predominant religious beliefs?

12. Were there ever any special celebrations?

13. Describe these aspects in as much detail as you can, especially the clothing, customs, and the living conditions.

14. Note any particular feelings or emotions that you have about the various things that you describe.

The Role Of KARMA - UNDERSTANDING KARMA

Belief in reincarnation allows one to feel that the soul is immortal - which it is. When it ceases to exist in the physical - it will return in another body in a future timeline. Many people find this as a source of great comfort. Sometimes they see the next life as a way to rectify wrongful deeds committed in this or a prior lifetime. It seems plausible that when we think we are having past life memories - we are merely tapping into the information from the grid linked to other experiences our soul is having in other grid programs - or the DNA genetic race memories of other people in other grids linked to your heritage. Our souls carry DNA memories and 'time capsules' that activate when we are ready and help us move along on our spiritual

mission to remember who we are as sparks of light. During *hypnosis* - your DNA encoded memories can give you memories of others in your genealogy. You might consider these genetically encoded memories - your past lives.

Hypnosis can take you to other parallel realities.

Reality is very fluid - more so now as our consciousness is vibrating faster as we evolve - return to our state of spirit.

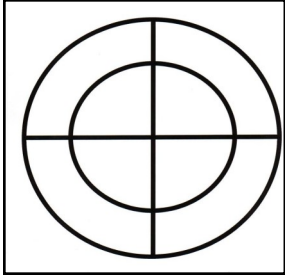
Learning about a 'past life' can help you with emotional issues that you are trying to work through - as the souls struggle to free themselves from the electro-

magnetic pull of 3D. If you are hypnotized, you will go to a place where you will be shown something that will help you release your issues - or find another aspect of your soul. You may see another soul experience in which those may be detrimental to you here - and people you may be hurting - the 'karmic wheel' - what goes around comes around - whatever it takes to release the burden so your soul can be free.



Pre-existence

In truth we are all linked - we are all one - one soul - one experience - many realities to see and understand it.



Pendulum Chart
The Pendulum is sometimes used on world maps to find past-life locations predict area first and then country

Hypnotic Stimulants

- Music
- Flowers
- Incense - see next page

PAST-LIFE DISCOVERY & THE PENDULUM

CLASS THREE:

Demonstrate - 15 mins.

- ◇ Program it to work the way you want it to
- ◇ Horizontally can mean Yes!
- ◇ Vertically can mean No!
- ◇ Circular can mean I do not know yet!

Specific Questions To Ask

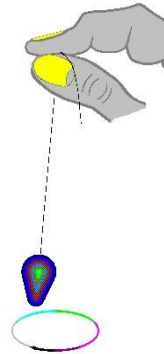
1. Where did I have a past-life that is currently affecting me?
2. Where should I start my past-life exploration?

Point out the area of an important past-life

1. Was I born in 1860? 1870? and so on....
2. Was I male or female?
3. Was I rich?
4. Was I married?
5. Did I have a family?

6. Did I have one child? Two? Three?
7. Did I make a living by doing a trade?

The swinging of the pendulum provides clues that can be used to draw answers from the subconscious mind.



Beyond Your Expectations!

8. Are any members of that family part of my present life?
 9. Are they part of my present family?
- The swinging of the pendulum provides clues that can be used to

PAST-LIFE REGRESSION THROUGH SELF-HYPNOSIS

CLASS FOUR:

Discussion - 15 mins.

The Process

PAST-LIFE MEDITATION

The Induction

Exploring the gallery of past life - Demonstration

Group discussion

Topics of Consideration

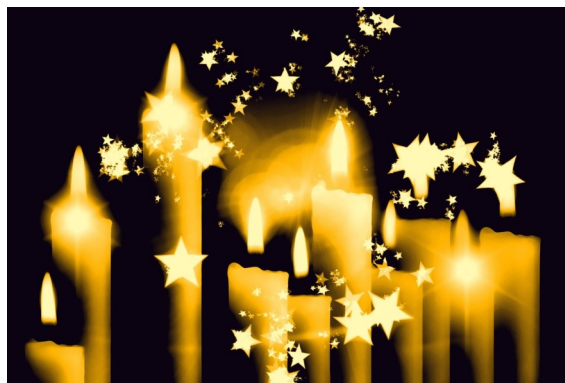
- The voice
- Script readings
- The awakening

NOTE: Any ATTENDANT who does NOT wish to participate in the past-life hypnosis induction pro-

cesses presented in this lecture can withdraw from doing so by choice. Please let us know in advance or by just saying at ANYTIME throughout

the training course that you would rather just watch.

Thank you.



Beyond Your Expectations!

Supplemental Support To a Past-Life Discovery

CLASS FIVE: Discussion - 5 mins.

Past-Life Fragrances

Eucalyptus - place a drop between the eyes, and it serves to stimulate inner vision and prevents being negatively affected by any emotions that are aroused through the past life session.

Frankincense - to induce vision and helps you to a higher inspiration and clearer perspectives. Also helps to clarify any obsessive behaviors that are a result of the past.

Hyacinth - helps to reveal the sources of depression.

Lavender - helps stimulate dreams of past lives, to shed light on conflicts with spouses that may have their origins in the past, also it helps to reveal karmic blockages and how

best to remove them - good to reveal the origins of emotional blocks or inner conflicts that are interfering with spiritual growth.

Lilac - helps to stimulate the deeper levels of

ance.

Myrrh - is a powerful fragrance that has been used in the past for healing and cleansing - it stimulates memories of past lives that are creating blocks within your life and can also stimulate past-life revelations in the dream state.

Sage - is a powerful fragrance that can open us up to the spiritual impact of the past upon the present - it awakens a sense of immortality and the realization that the life of the soul extends far beyond one physical incarnation.



Beyond Your Expectations!

conscious memory, it assists in recalling past-lives by inducing greater memory and clairvoy-

**YOU MAY
HOST THIS
EVENT!**



Beyond Your Expectations

drfahey
hellofromheaven.com

Past Life, Flower Essences & Crystals & Stones

Amethyst - helps transmute normal consciousness into the deeper levels of the subconscious.

Carnelian - orange stone takes its name from a Latin word which means flesh. It has ties to the flesh of our past and



Stones are known to have powers to open the mind's eye

the flesh of our present - it can bring insight into how to use the past-life knowledge to reshape the present.

Phantom Crystals - very powerful to use in past-life discovery - they hint of realms and dimensions of true reality - they symbolize the life of the past that is a phantom that follows us in the present.

Lapis Lazuli - this stone is powerful in past-life therapy, especially if a piece is taped to the forehead during the discovery process - it awakens inner vision that can enable us to penetrate into areas of the subconscious that may be blocked or which we may resist.

Hematite - Color: gray, silver stone is effective awakening

the subconscious mind and its memory banks - especially effective in past-life regression through hypnosis.