



**HOW TO  
PREPARE FOR A PSYCHIC  
READING AND GROW  
YOUR PSYCHIC MIND**



# PsychicEye

## How to Prepare for a Psychic Reading and Grow Your Psychic Mind

**A Bestseller That Tells You  
Exactly How to Prepare for a  
Reading with a Psychic Medium**



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## Dedication

To all who have and will soon come into my life because of a need to understand the purpose of psychic spirit mediumship, and the spirit reading process, thanks, for being there!

**Please note:** All of the stories in the *Psychic Eye: How to Prepare for a Psychic Reading and Grow Your Psychic Mind* are true, as submitted by the writers. Some contributors have chosen to remain anonymous; real names appear in those messages by permission. (The contributions have been edited for space and clarity.)

# FOREWORD

By Douglas Preston (Deceased)

General Manager of the Residence Inn – By Marriott

Lebanon, New Hampshire

Have you ever wondered how difficult it would be to travel on the interstate without the use of road signs? What would be the chances of getting to your destination without encountering any problems? A high probability that the emotions of frustration, anger, and stress would come into your body, and life would seem for the moment exceedingly difficult. When I am lost on the road, I will in time pull over and ask for directions. Unfortunately, this seldom helps because I am so wound up, I did something that didn't make any sense, I forget to listen carefully to the whole message being given to me about how to get back on track. Many times, I end worse off than when I started. Any of this sound familiar?

Technology has brought the GPS navigation system in cars, so we no longer have to watch all the signs on the interstate, but the road signs still serve a purpose. Like those signs that help guide us to get where we want to go, I believe we are given other signs in our everyday lives to enhance our lives, well-being and to make important decisions. Many of these signs are unexplainable and interpreted differently by a variety of people. For example, not long ago, I was sitting in my office on a Saturday morning staring at an overabundance of paperwork I knew I had to complete. I found my mind wandering and thinking of certain people who were important to me, including those that had passed.

Suddenly, I found myself entering the words psychic spirit medium into an online search engine, and I came across a website that had a very catchy name, [www.hellofromheaven.com](http://www.hellofromheaven.com). The website had a phone number on it, and so something told me to reach for the telephone and make the call and leave a message with a receptionist, or on the company's voice mail. I was startled when the phone rang only three times and Dr. Fahey personally answered. How ridiculous it is that we have gotten to an age of calling people and not expecting them to answer?

Anyway, I introduced myself, and asked Dr. Fahey if he would be interested in coming to New Hampshire to hold psychic gallery events at the hotel that I was the general manager for. Before accepting, he wanted more information about me, what my goals and intentions were, and why I had selected him. I really could not explain it but what I remember most is while talking with Dr. Fahey how I experienced this unusual sense of calmness and confidence within that you rarely ever get at any type of meeting, never mind with a person you talk to on the phone.

I went ahead and scheduled a series of three consecutive events. Although I did this, I was in the dark about what my expectations should be, how I should act, what the perception would be of the community, and of the participants in the gallery. If only I had a copy of the files here, you are about to read *Psychic Eye: How to Prepare for a Psychic Reading and Grow Your Psychic Mind* as all my questions and expectations

would have been answered. You see, during my first experience with Dr. Fahey, I became aware of how psychic information comes to him at warp speed during a reading, and he connected with information that only your family knows, and how you suddenly become amazed with the reading process itself, and the validity of it. Your mind races and you can quite easily miss some, or all the messages given to you if you are not ready or prepared to receive them. Today, I highly recommend first reading these files and take notes on Dr. Fahey's advice before seeing him. By doing so you not only will maximize the outcome of your own psychic spirit reading experience, but also more important, so that the messages you get, which can be life changing, will make sense to you more readily.

Professional athletes train rigorously so that they can compete at higher levels of excellence. Likewise, Dr. Fahey continues to complete hundreds of readings to members in his gallery events, by Internet, on the radio and by phone. He is a professional in his field who strives for excellence in his work. The energy and accuracy of his work constantly shows in everything he does. In my view, Dr. Fahey sets his work apart from all other psychic spirit mediums, as he truly knows his work and the psychic spirit reading process is not about him, it's about you. Thus, it is vital that you are prepared and open to be part of the process. Your assistance with positive thinking and energy, and knowledge about the psychic spirit reading process will enhance your personal experience.

Throughout time, Wiseman have said, we only use 10 percent of our brainpower. Whether this is true, one thing is certain, the psychological barriers we all face with our jobs, in our relationships, money, and our health prohibit us from the time to relax and experience the positive energy and exuberance to live our lives to the fullest. If the theory of brainpower use is true, then we all have the potential to grow, as 90% of our minds are then on standby. I am saying this only because I believe some people have a special gift and can tap into a part of their mind and communicate with outside energies. While watching Dr. Fahey I've seen it happen.

To help you understand better what I am saying, for just a moment, think about the inventors in history that have changed our lives with great discoveries like electricity, the light bulb, automobile, airplane, radio, television, and today we have cell phones and the Internet. In every case, the impossible, became possible. Each inventor had to overcome certain obstacles and many skeptics to achieve the success of their project. The one common goal I believe these inventors all had was the passion and the determination to make a difference in people's lives, and the belief that they would someday accomplish their dream goal. Whenever I observe Dr. Fahey, I can see in his eyes, and hear in his voice these qualities as he continues to reach out and help others.

No matter what your age, during your lifetime, you unquestionably have seen some amazing changes. You've probably experienced something where you stepped back and said, "Wow! That is neat," and then you wondered how someone could do it. Many of life experiences can be strange and unexplainable. For example, in reading, a book written by Dr. Fahey entitled; *Rainbow Soul Mates: They Are All Around Us*, I discovered that he was married on the exact day that I got married, and the wedding song played at his wedding just so happened to be the same song played at my wedding. As I have gotten to know more about Dr. Fahey, there are many other parallels between us. Coincidence? I don't think so. All I will say is there is a definite

age difference between us, but I will leave it at that. What I will say, is that even today, whenever I ponder our friendship and professional working relationship, I wonder with all the different psychics and psychic spirit mediums in the world, why I came to know Dr. Fahey? Is it possible that there is an outside force that allowed me to meet him so he could help me change my life?

Dr. Fahey appears to clearly see the pages of people's book of life and know their fate. He somehow knows how to listen beyond words. He tells us if we open our hearts and minds, the positive energy, and signs all around us, including those from the beyond can become a part of our everyday lives helping to guide us just as we can still let those interstate signs. What is right is that I know enough about Dr. Fahey to suggest you think of him as your GPS technology navigation system, and that he can help guide you to see signs waiting for you to experience.

I encourage you to follow the counsel of Dr. Fahey and before you know it, the special experience of messages from loved ones will enter your heart and soul. There is no greater experience than love. Love yourself enough to make a difference in your own life and see what happens to the people you care about. Please continue and see what *Psychic Eye: How to Prepare for a Psychic Reading and Grow Your Psychic Mind* and Dr. Fahey can do for you. Start right now to believe because the hope, the energy, and your mind will realize that special positive things are coming your way, and when they reach your heart and soul, that special feeling will enter your body. Believe in yourself. Invest in yourself. Let Dr. Fahey help you become your psychic helper so the signs that are all around you can become more recognizable and make a difference in your life. Sit back, fasten your seatbelt, relax, and allow the other 90% of your brainpower to become receptive to the psychic spirit reading process. Not only for contacting the spirit world and the other side but also to learn more about yourself, and your future. Truly, get yourself ready for a memorable experience, a new you, as you experience a better life here on Earth, and while amongst the spirits.

# Introduction

*A Message from Rev. Dr. Fahey*

CAN YOU HEAR ME NOW . . . TALKING FROM HEAVEN? So today, you make your mind up to get together with a psychic spirit medium for the first time. Perhaps you are experiencing all sorts of emotions: excitement, nervousness, apprehension, or anxiety. Relax, and know you can do this. Also know you can help bring about the right conditions for a long-lasting, memorable experience. For this to happen, you should prepare yourself mentally, physically, and emotionally. The reward for your time and effort will be an increase in mental clearness about the psychic spirit reading process that once were strange to you but will be no longer. By getting ready for your psychic spirit reading, you will discover faster and more easily specific connections between you, your angels, spirit guides, and the messages of love your spirits give you. When this happens, you happily experience a deeper knowing about life and living, including about living in the beyond that enables you to set goals, attract new love, health, wealth, success, and happiness. In other words, you can help make your encounter with the psychic spirit medium become exciting, eternal, and one of the best experiences of your life. When you prepare to play a positive part in the psychic spirit reading process, you help yourself get more of what you want out of it so you can get more out of life, no matter what it is, and for it all to happen more rapidly.

Whether you will be meeting with a psychic spirit medium for a personal reading, conducting an interview for radio, television, or other media, or because you are seriously interested in the tremendous opportunities and benefits spirit contact and spirit communications have to offer, you will find *Psychic Eye: How to Prepare for a Psychic Reading and Grow Your Psychic Mind* a valuable resource. The best place to start is to know that long before you made your decision to call and meet with a psychic spirit medium, your angels, spirit guides, and spirits of loved ones already knew it would come into your mind. Moreover, the psychic spirit medium won't tell you this, but in all chances he or she got the news about your growing interest or need to know more of the truth some time ago.

This may sound strange and a little bit unbelievable but by the time you place the call and meet in person with a psychic spirit medium, you, the psychic spirit medium, and the spirits all around you could have already come together a dozen times – in unexplained and paranormal ways. You see, many times your angels, spirit guides, and spirits of loved ones who have crossed over to the other side make cameo visits to a special psychic spirit medium giving them notice of those in the living who will be calling them. When the actual meeting takes place, it may be the first time for you, but could be a second, third, or more times that your spirits have already visited the psychic spirit medium. Furthermore, not only is there a high chance that the psychic spirit medium has already met with one or more of your angels, spirit guides, or deceased relatives, but he or she also had several long talks about you, your life and is holding messages of love and guidance for you to positively move ahead in life.

Have you ever seen the old comedy movie *Groundhog Day* (1993) starring Bill Murray and Andie MacDowell? In this film, Murray plays a character named Phil

Connors, an egocentric TV weatherman who finds he is living the same day repeatedly. After indulging in acts of pleasure and many suicide attempts, he begins to reexamine his life and priorities. Not much different from Murray living the same day over, and over again, psychic spirit mediums repeatedly move through time and space and into past, present, and future time zones to remotely view, or “see” events in your life. The events of your past, present, future including those about to happen, come into sight. Additionally, there is a second sight about future events meant to be, and those are when a self-choice take place. Most psychic spirit mediums do this naturally, and sometimes with the help of angels, spirit guides and other spirits of loved ones who have crossed over to the other side so that when a meeting comes about, the psychic spirit medium can make every effort to do only one thing. That is, to improve if possible, the outcome of whatever is meant to be, or supposed to happen.

You see, as already mentioned, by the time any formal meeting takes place between you and a psychic spirit medium, the psychic spirit medium may have already lived out the encounter a dozen times but does this for one reason and that is to help you when giving spiritual guidance, and spirit messages at the right moment in time. By the way, you should know something else. Because of these previous sorts of psychic telepathic meetings with you made by the psychic spirit medium and other spirits, when the real meeting takes place, there can be a strange uncanny psychic déjà vu experience making you think that you somehow already know the psychic spirit medium. To learn more, read on.

Finally, before we move ahead, know that just by knowing a few simple fine points about a psychic spirit medium, and the psychic spirit reading process, you can also become what I call a spirit master, spirit star, making the encounter and experience one of the best and most memorable moments of your life. Most people go into a psychic spirit reading unfamiliar about what a psychic spirit medium really does, or how the psychic spirit reading process works. Why is this? Mostly because society controls much of what we think and what we should believe. However, after reading the pages in this book, I am confident you will discover the whole story about psychic spirit mediums, the psychic spirit reading process, and how angels, spirit guides and spirit of loved one crossed over to the other side help guide us that you did not know. In fact, if after reading this book you apply just some of the principals given all your future meetings with a psychic spirit medium will become so positive that your life will never be the same again. You will come out all your psychic spirit readings with hope and love in your heart and soul. You may ever feel like touched by an angel. So, let’s get started.

Is it time for your private reading?

[HelloFromHeaven.com](http://HelloFromHeaven.com)

## **SECTION ONE**

***It's Okay, Tell Others Your Psychic***

# Psychic Guide 1

## PARANORMAL PIONEERS

“I believe that we are solely responsible for our choices, and we have to accept the consequences of every deed, word, and thought throughout our lifetime.”

Elisabeth Kubler-Ross  
Author of *On Death and Dying*

I have never charged for my talents, only for my time. I am confident if you work, you do the same. You expect some reward for whatever you do when you work. Right? The only difference is that many people do not completely understand exactly what I do, nor about the experiences that they will come upon when seeking me out for answers to some of nature's riddles. Thus, the reason for *Psychic Eye: How to Prepare for a Psychic Reading and Grow Your Psychic Mind*. One thing is definite, there is a name given to what I do best, and it refers to people who talk to the dead. I am an evidential research psychic spirit medium.

Did you know all spirit mediums are psychic but not all psychics are spirit mediums? The difference is that while psychics provide important and comforting past, present, and future advice, psychic spirit mediums are not only able to do exactly what psychics do, but also, they can make a psychic spirit connection with angels, spirit guides, pets in heaven and the souls of loved one deceased or crossed over to the Other Side.

To do this extraordinary thing, by choice, a psychic spirit medium makes their mind and body available to those in the spirit world by acting as a bridge between two worlds, this world, and the spirit world, so that contact and communication can take place. A vital stage of this work is to understand the position of a psychic spirit medium at work. That is, for example, to imagine the mindset of the psychic spirit medium working much like a telephone only with no buttons on it. Therefore, the psychic spirit medium can receive only a call, or a spirit message but cannot dial out to anyone in the spirit world. So, a psychic spirit medium is more like a telephone receiver only for the spirit world, spirit contact, and for spirit messages; at least this typically is what takes place during a psychic spirit reading that I perform.

At this time, I am not saying it is always impossible to contact a specific deceased loved one in the spirit world. I do believe that it is possible at certain times to contact certain spirits, but again this is not the usual experience one has or should ever expect when requesting a psychic spirit reading. A major reason this is not generally accepted practice, or that one should have any expectations about contacting a specific loved one who has crossed over to the other side is that the spirit in mind may be new to the other side and needs some time to adjust. More important, someone else may be desperately trying to come through and make contact. Last, the spirit you have in mind to talk to may be unavailable. Thus, most psychic spirit mediums do not promise to contact anyone special in spirit.

You see, just as in this lifetime when we can become busy working, entertaining, out playing a sport, shopping, or involved in some other activity, spirits on the other side also can be busy with their new lives. Maybe, at the time of your psychic spirit reading, a loved one who has crossed over to the other side just wants to be alone, and ponder how they got to where they are, and to think about their past and future lives to learn better how to move ahead in the spirit world. They could even be too busy seriously thinking about or have already decided to move ahead with a reincarnation.

In most cases, when a loving spirit decides to contact a specific living person then it does and not the other way around. When a spirit decides to make contact, they can do so in many ways that include looking just like a real living person, a full or half body ghost like appearance, through technology or electricity, or by connecting with one or more of our five senses to catch our attention and to tell us they are always around us.

In almost every case, spirits deliver to us signs, messages of love and guidance from the beyond when a person is awake. However, most spirit contacts and spirit messages are ignored because the person receiving them does not want to be diagnosed with a type of mental condition or gazed upon as possibly "losing it." The good thing is that spirits are not stupid. If one way of delivering a spirit message fails, they know there are alternatives. Spirits are enormously patient but can be relentless when they want to make contact.

The force of a spirit's determination to get a message across can be significant, and to them, failure is not an option. Therefore, spirits do not normally give up. Even when a person gets a spirit message, but decides to give no acknowledgment to it, then the spirit executes plan B, and gives the message again, only this time perhaps in a dream to make its importance even more meaningful. One way or other spirits know how to get your full attention, and what better way to deliver a spirit message than when you are dreaming. Spirits know their appearance and spirit messages can be life-like and life changing. Spirits know we can remember, recall, and talk about our dreams to others as real without worry. You see, talking to others about a dream we had is completely acceptable in our world, and thought of as, "normal."

Still, as real as dreams can be, many times, the dreamer can deliberately choose to forget them, especially if a dream had to do with a spirit contact or receiving spirit messages. The dreamer decides to give no acknowledgment because it was only just one personal experience. When this happens, any recollection of a spirit contact, or spirit messages quickly are buried and not a word is spoken about it to anyone because if, and when, the dream is ever told to anyone, at any point, the dreamer or listener could always say, "Ah, it was only a dream." If you think this stops spirits from trying to get your attention, think again. As mentioned, spirits can be boldly persistent and, if necessary, will continue to seek out and find other ways to get your attention.

Many times, spirits call on a messenger, a psychic spirit medium, who will not only receive spirit messages but also psychically hear them in a way that through whatever means possible, deliverance takes place. Spirits employ a psychic spirit medium, because they know the delivery of their messages can be special and made clear and specific enough that a person will give the acknowledgement and acceptance the messages deserve. When this happens, the intention of the spirit is usually to bring about healing and positive guidance.

Again, acting more like a telephone receiver, or radio antenna, in general, a psychic spirit medium can receive only signals of psychic energy from the beyond. Thus, during a spirit contact, or spirit reading session, the psychic spirit medium converts the psychic energy signals into spirit messages that will make sense in a hopeful manner at the time of deliverance to the person getting them. By performing as a psychic spirit medium, the gift, then is to relay not only bits and pieces of psychic information, but also more important, to provide spirit messages from an outside source that of the spirit in the spirit world to help others know we are not alone, and that love is eternal.

Thus, a major reason a psychic spirit medium continues to contact the spirit world is to receive and deliver spirit messages of love from the beyond to family, relatives, and friends. Why is this so important? Well, another reason is that spirit messages can bring about positive changes and healing communication regarding a soul's state of health and well-being.

More important, unlike a psychic who gives meaningful psychic readings, a psychic spirit medium also performs spirit readings for the purpose of hope and validation, "proof" of the authenticity of the spirit messages and when doing so is careful not to include any promise of a prediction or advice. The experience for a psychic spirit medium and for the person getting spirit messages can bring on many mindsets and emotions. Because of these conditions, spirits sometimes first contact a psychic medium instead of just going directly to a person.

For example, spirits know their appearance in any form may cause sadness or create other types of personal influences making it so spirit communications are shutoff, or misinterpreted. Fear, loneliness, and confusion about death and dying are other influences we all deal with in life. Although, we know a spirit contact, and spirit messages can provide an opportunity for peace of mind, and a full knowing and healing, the experience can increase an existing physical condition.

So spirits continue to seek out special psychic spirit mediums they know who can clearly see and hear them for the purposes of giving special spirit messages of love at the right time to those needing closure. Spirit do this also to give thanks, guidance, and healing, and many times just to say they are okay, and always around us. Moreover, those getting psychic spirit messages can benefit in other ways, as they are likely to be dealing with grief or have suffered a loss such as a life cut short or need to complete unfinished business. Spirit messages not only can help give knowledge about the condition of a soul in the spirit world, but also in higher phases of life, and this can provide a better understanding of the natural laws that govern the universe.

Thus, psychic spirit mediums work to help others receive comfort by way of spirit communications given by loved ones who have passed into a higher expression of life, and to remove the fear of death, to help comfort the bereaved, encourage the sad, and all this can help to supplement spiritual hopes.

Ultimately, through spirit connections and spirit communications, we can get for ourselves evidence of the continuity between the physical and spiritual phases of life. All this brings us to another major difference between a psychic giving a psychic reading, and a psychic spirit medium giving a psychic spirit reading.

When a person has a psychic spirit reading by a psychic spirit medium, they must play a role, a big one. A person who wants the best outcome from a psychic spirit

reading must be ready, and willing to participate in the psychic spirit reading process. To a large degree, the outcome of the entire experience, will relate to a person's ability to participate. What exactly does this mean?

Well, for example, let us say a person who is skeptical of psychics decided to have a psychic spirit reading simply to grade the medium on their gift. When the reading is over, the grade given will be more reflective of the state of mind and emotional intelligence of the person getting the reading and not that of the psychic spirit medium.

In essence, the psychic judge will be grading their own mindset and ability at the time of the psychic spirit reading to understand and validate any one or more of the spirit messages given by the psychic spirit medium. Thus, any psychic spirit reading that moves from good to great is not so much because of the psychic spirit medium, but for the fact that the mental clarity and inner wisdom of the person who is getting the spirit reading, is capable of validating, or can give proof of the spirit messages given.

Therefore, for the best outcome during any psychic spirit reading process, one should be prepared and ready, and this includes a clear open mind, holding no expectations, and if anything, to expect the unexpected. Furthermore, already accepting the idea of a spirit world and the possibility of spirit contact, even if such mindset is combined with a healthy dose of skepticism can go a long way in bringing about a better outcome. Why?

Well, several psychology experts tell us when we develop a certain focus about an idea, and if the idea in mind connects in some special way with an emotion such as love and passion, then that combination of thought and emotion create an attraction of psychic energy that brings life to the idea in mind.

Therefore, a key ingredient to having a superior psychic spirit reading is to keep your mind focused on only positive thoughts, as this will provide the right positive psychic energy needed for success. When negative thoughts, emotions such as fear, anger, resentment, distractions, and impatience are present, they can and do easily create psychic congestion and an atmosphere not conducive for spirit contact or spirit communications.

So, there you have it, another important fact to getting a great reading from a psychic spirit medium. In fact, the psychic energy of a person getting a psychic spirit reading plays more of an important role in the spirit reading process than that of the psychic spirit medium giving the reading. One of my mottos to lighten up what can become a deeply emotional situation during a psychic spirit reading, and particularly whenever one says, "Thank you so much for the spirit messages of love!" is to respond with, "You're welcome; I couldn't have done it without you!"

Thinking positive thoughts is good, but another important aspect is to be keen about all your life experiences to date, as they will influence the psychic spirit reading process. Regardless of if a person is a believer or skeptic, if he or she is sad, hurt, on medication, moving through a difficult relationship, divorce, or moving to new location, what is important to know is that all these personal factors can easily influence the outcome of the psychic spirit reading. Furthermore because of these and other stressful life experiences, many spirit messages can quickly become obvious or more likely confusing solely because they can give rise to one human emotion – fear.

Generally, worrying about someone, or something, can bring on fear, and fear is crippling to one's mental ability to judge, or make sense of clearly. We all want to trust

and believe in certain things, including for many, the possibility of spirit contact and spirit communications. However, even though one may want to be more of a part of the experience, the emotion of fear alone can change all that, as mental challenges including momentary memory loss can lead to an inability to judge accurately any psychic experience or spirit message. The emotion of fear can also influence what level of service a psychic spirit medium will be able to provide.

Even when a psychic spirit medium keeps certain levels of fear about the spirit world and the existence of spirits watching over us all the time, then this also could be a reason they themselves give only special psychic services, including certain psychic answers to psychic questions. This fact also gives a clue about how and why each psychic spirit medium brings to the profession their own talent, as the influences of life experiences, emotional intelligence, education, and knowledge play a part in performing the psychic spirit reading process.

For example, I just got off the phone with a famous psychic who said, "Dr. Fahey, you are a psychic spirit medium, aren't you?" Yes! I replied. The psychic was silent for a moment and then said, "Don't you think that is so weird and spooky? If I saw and heard spirits, it would freak me out! I could never go that far in my work, even though on occasion I think I see spirits." Well, there you have it. Just because a psychic may also be able to see and hear spirits, by choice, and mostly because of fear, they close the door to spirits, spirit messages, and the entire spirit world.

The point is clear. Even if the person who is getting a spirit reading is a psychic, or a person working in another profession, fear can control what they think about and experience. Fear can stop cold psychic energy, a spirit contact and spirit messages from coming through or from its meaning. When fear rules a person quickly develops an internal condition of emotional defense that rapidly develops a type of psychic mind fog making it difficult to see the true signs or recall simple facts.

During a few of the thousands of psychic spirit readings I have given, there were many episodes when an individual forgot their own name, birthday, anniversary, and in some cases, some of the most important details of their lives. In many psychic spirit readings, some had total recall of only parts of the spirit messages given while taking sometimes years later for other parts to become fully clear to them. Once I had a woman call me six years after her spirit reading to tell me how excited she was to have figured finally why I mentioned a pink watch around her deceased daughter's wrist. While attending her fourth private home psychic event, she could not wait to tell her story.

She said, "For the first time since my daughter died in a car accident, my daughter's best friend came home to visit her family for the holidays. She was away at college, and in doing so, she decided to come over and visit me, and my family. While we were all looking at some old photographs we were talking and laughing about the good times when the conversation about me and my spirit reading with you came up, and how you brought up this pink watch that neither I, nor anyone else could figure out why, we still didn't understand it. Well, suddenly, there was a silence in the room, I mean you could hear a pin drop. Then, we looked over to my daughter's best friend and saw tears that just started falling. "What is it? What's wrong?" I asked. With that she just rushed to put her arms around me, and when she caught her breathe, she said, "I am so sorry, I did it." I asked her what she meant. She then said, "At the funeral, as I

walked by to pay my respects, I put the pink watch . . . on her. Just two days before the accident, we bought one to celebrate our friendship. We wanted our names inscribed on the back, and so we needed to wait a couple of days to pick them up. Stopping for a moment, she then said, "She is now wearing mine." Then we all noticed a pink watch she was wearing. Slowly with her hands noticeably trembling, she took off her watch to show me on the back was my daughter's name, so, "Thank you, Dr. Fahey."

Here is another quick example. An inventor, who was a true skeptic of psychics, came to see me because he wanted to prove, as he put it, if I were as, he put it, "the real deal." Being an inventor, and naturally skeptical, he arrived in hand with a shoebox of relics. Before starting his psychic spirit reading, he asked if he could open the box and hand me the pieces, one at a time, to see what psychic impressions came if any. I was entertained and obliged. The first piece given appeared to be a broken knife, and immediately after touching it, I went back in time, and saw it was used over a fire to cook food. The second piece was debris that again, I saw came from the same place the knife did, again around a place where fire, and eating took place. The inventor never said a word, just kept smiling. Next, he handed me what looked like an interesting burnt rock. Once this piece was in my hand, my mind went blank. I saw nothing. No images came to mine, no time travel, nothing. So, after several minutes of trying to get something, anything, I said to the inventor while handing the piece back to him, "I'm sorry, I get nothing." The inventor made a quick response saying, "Good, because I just picked this rock up from outside!" I laughed, but told him one should never "test," a psychic, or psychic spirit medium, as this can easily change psychic energy to whatever they want most to take place. Fortunately, we enjoyed a positive outcome, and went on to develop a great friendship and more psychic memorable experiences that I still value to this day.

Well, there you go, and regardless of what one believes about psychics and specifically psychic spirit mediums, some things are true whether we believe in them or not. Those that risk exploring higher spiritual levels of awareness for "knowing" through experience no doubt has done so by choice. As a result, many times, we learn to know what we know when it is time to know it, and eventually we all soon become our own psychic judge about certain people, places, and things and this includes knowledge about life in the beyond.

Despite what another person tries to do to convince, or prove, to us differently about what we already know through life experience, in our soul, we learn through life experiences to know more about our fate. We have too, or we become puppets always believing and acting out in ways that someone else wants us too. Generally, other people want us to think, believe, and act out in certain ways because of "their" reasons, not your reasons.

Other people's reasons for why you should only think and believe in what they want us to may be because of personal views. These may be driven by politics, science, religion, or by work related issues such as internal factors, emotions like love, or passion for something because of what they "know" to be true. Many times, this happens when we are first learning, or when at times in life, we are lost and in a discovery process and trying to get the right help. Thus, many times we end up without realizing it, in a rut, a type of comfort zone, or mindset of doom and gloom, and do not seem to know who to turn to, or where to go.

Then there are those who get lucky and meet up with especially talented people not too unlike themselves – open-minded, caring, and sharing – and the healing begins. Spiritual growth takes place. What is important to understand is that you too can increase your natural psychic ability by believing in angels, spirit guides and that loved ones on the other side are trying to help you right now. So, what if science cannot show proof of this right now. Science cannot prove everything in life.

For example, science cannot pinpoint exactly where in your brain the imagination is located, or how it can help guide you to become your own psychic judge about whether to believe or not when we die, there is life after life. However, if someone asked you to picture in your mind a house, what your TV looks like, or at a distance to see with your mind's eye what your dog, cat, boat, car, or anything else looks like, you can see the picture clearly in your mind. You “know,” this part of your brain works even though it cannot be exactly on an anatomy and physiology chart.

By choice, being your own psychic judge about any experience of a higher level of awareness is personal, and this includes what you think about you, your mind, body, and inner spirit leading you to live with less fear and doubt, and to experience more life out of living. How is this possible? Well, we first need to know a little more about how to move safely from thinking and believing to “knowing” something as real. There are theories on how to do this, but transpersonal psychologists give us one I like the most.

You see, transpersonal psychologists tell us we all are born psychic, and with a special highly developed HD video eye-camera and that early in life, we quickly learn first by emotion where and how to point and focus the lens of the eye-camera as this action alone determines what we come to know as real – or our reality. Eventually, we learn to control the eye-camera, by choice, and then by habit. As we move through life and choose to point the lens of the eye-camera, let us say for example, at only doom, gloom, poverty, sickness, and ill health, then that, to us, will be what life is all about. In other words, this way of life only would be what is real to the eye-camera owner - you.

If you choose to focus on only the good in life, good fortune, prosperity, wellness, and happiness, then only that would be what you would come to know as real. The point is, unlike any other living thing on the planet, we alone have the power to choose how we see and experience the world around us, and this includes thoughts about life in the beyond. In a past life, a good friend told me, “Anything can be made funny.” I thought about this for a moment when suddenly I heard the voice of my mother who repeatedly said, “You make up your own mind, as to how you will see things in life, and whatever you decide, will tell the attitude and experience you will have.”

The bottom line is – by choice, we decide what we want to focus our eye-camera on daily, and this will tell what we will believe in, regardless of the facts. On one hand, this may be good, as we risk change, and challenge our curiosity. Especially as we experience spiritual growth. However, we must be mindful of that something positive can always be said for science and critical thinking skills when looking more closely at the reasons for the development of human social psychology, and understanding, as they relate to human emotions, and living life. Why? Well, because there are many influences helping to guide us on how we focus our eye-camera, and because of a constant need for the nourishment of our spirit and soul. There can be not only great enlightenment but also consequences when we do not achieve a balanced approach with our thinking. For example, once upon a time, there was a myth created about

planet Earth. People needed to think the Earth was flat for the purpose of dominance and power between religious and scientific groups. Religious powers were telling people how to focus their eye-camera and what they could say about their views under threat of torture, prison, or death.

Then Galileo Galilei (1564-1642) who was an Italian physicist, mathematician, astronomer, philosopher, and a symbol of authority came along holding a different focus about the shape of the world. His eye-camera told him the world was round. Galileo went on to defend his views in his most famous work, *Dialogue Concerning the Two Chief World Systems*, published in 1632. How he saw the world did not agree with others in power, and so, at the time, he was tried by the Inquisition, and found, "vehemently suspect of heresy," forced to recant, and spent the rest of his life under house arrest.

To this day, some people still believe the Earth is flat, and use statements from the Bible to prove it. For example: 1 Chronicles 16:30: "He has fixed the Earth firm, immovable." Psalm 93:1: "Thou hast fixed the Earth immovable and firm ..." Psalm 96:10: "He has fixed the Earth firm, immovable ..." Psalm 104:5: "Thou didst fix the Earth on its foundation so that it never can be shaken." Isaiah 45:18: "...who made the Earth and fashioned it, and himself fixed it fast..."

What do you believe is the truth? Is the world flat, or round? Can you prove it? How would you go about proving it? What if the person you are proving your point to simply will not listen? Would you just walk away from anyone that thought differently from you? Does it matter to you whether the Earth is flat, or round?

Here is another historic world-view eye-camera shot made by Thomas Edison. He focused on a brilliant idea that the incandescent electric lamp was possible, and when he did, that to him was reality. However, others at the time described Edison's light bulb hunch, as a "completely idiotic idea."

Guglielmo Marconi (1874-1937) was an Italian physicist and an inventor of the wireless telegraph, and a recipient of a Nobel Prize for Physics. At one point in his career, he was taken into custody to have his head examined at a psychopathic hospital. Why? Well, you see, some of his best friends arranged the arrest when Marconi secretly told them he wanted to discover a way to send messages, through the air, without wires, or any other physical means of communication. Of course, today because of Marconi, we have wireless technology. Back then, his best friends considered him, "just plain nuts."

Finally, who can forget Alexander Graham Bell (1847-1922), who was prosecuted for fraud when he was found raising money, to manufacture what he saw was possible with his eye-camera – the telephone. According to the prosecution, "Carrying voices over wire was simply impossible, and no one would want it done that way." Not long after, the British Post Office rejected the telephone. They stated, "England had plenty of small boys to run messages."

These are just a few of the millions of ideas over time that have been quickly dismissed because of how other people decide to focus their eye-camera when presented with new possibilities that may seem a little far out there in contrast to what is already known. Changing the direction of one's eye-camera is easy to do about any idea that is not part of one's daily routine, religion, belief system, or anything new,

including spirit contact, and spirit communications. What can you expect when doing this?

In today's global organizations, a variation on the Pareto Principle is called the 20/60/20 rule. The rule gives us a hint about people, whenever new ideas for change, or when improvement are known. Only 20 percent will automatically accept any new ideas and move into action. 60 percent will passively stand by and watch how events develop rather than get involved, and the last 20 percent will not only do nothing but also if given the opportunity will help to make the new idea fail. Why? Well because change brings on fear.

Now, let's take the 20-60-20 rule, and apply it to a work of the psychic spirit medium. Generally, 20 percent of the people getting a psychic spirit reading will believe in anything the psychic spirit medium tells them. Thus, great caution needs to be adhered during any spirit reading process, or experience. 60 percent of those getting a psychic spirit reading not only believe in the possibility of spirit contact, spirit messages, and a spirit world but also do so with a healthy dose of skepticism. I highly recommend this, to hold some level of doubt because no one, not even a psychic spirit medium can guarantee one hundred percent accuracy when given a psychic spirit reading. In fact, nothing is 100 percent, not in medicine, not in life. The last 20 percent fall into a group of people who will not believe in anything, no matter what level of accuracy a spirit message may be. If you were to ask these people if four plus four is eight, they will give you an answer like, "Maybe." Ask them during the daytime hours if the sun is shining, and they would response with, "Probably." Their mindset is so closed.

Thus, they narrow psychic energy down to be safe, to stay in a comfort zone, or to conform and act like everyone else, and maybe like millions of others has chosen to live a lonely life of quiet desperation. Regardless, by thinking in a particular way, we prove what great Wiseman and philosophers have been telling us for thousands of years and what some still considered the strangest secret in the world, and that is, "We truly become what we think about all day long."

What do you think? Are spirits real, or not? Do you believe in angels? Do you believe there is a Heaven? Whatever you think and believe, you can be sure you will attract and be surrounded by people who think similar thoughts. By doing so you discover and experience places and things, including signs that will help you to create a world of your own making.

Is it time for your private reading?

[HelloFromHeaven.com](http://HelloFromHeaven.com)

# Psychic Guide 2

## I THINK, THEREFORE I AM

“When you set a goal to become a spirit master,  
the spirits see you as a spirit star.”

– Robert Fahey, Ph.D.

Author: Rainbow Soul Mates, They Are All Around Us

On Yahoo Answers, someone wrote the following question asking, “Anyone hear of Dr. Fahey, one of the country's top psychic spirit mediums? An immediate response came in after someone typed in the link to my website, [www.hellofromheaven.com](http://www.hellofromheaven.com). The message said, “Thanks for the link – OMG (Oh My God), this guy is disgusting, \$7 for an email reading, \$200 for a 25-minute phone reading. He must be rolling in money. Perhaps I should take that cold reading course.” Another writer quickly added, “He's got quite the racket going.”

Finally, at the end of this Psychic Guide, you will see a post made by a charming woman who was the host of nearly a half dozen private home psychic gallery events that I had the honor and privilege of performing. In the end, her response was the one accepted by the person who wrote the Yahoo question.

Let me say this. Occasionally, I briefly think about how it appears as if there seems to be always someone close by to anyone who dares to think about a new idea or do something special just so they can give a negative reaction, or response to it. Whenever I think about this, I quickly remember what my father once said when I was getting ready to perform at an event, “Get used to it. No matter what you do in life, there will always be one jerk out there that will have nothing better to do, but to bring you down.” Amazingly, I think if you experience life for even a short time, you will come to know what I mean and would agree with my father.

No doubt, my father's speculation about peoples' attitudes relate to some degree with social psychology and human relationships. When it does happen, the situation appears to take place not only for whatever I think about and do for work but also for everyone else who earns a living. Especially for those who take a chance at one time or another and think and act differently from how everyone else is doing things. Now, why does this happen? Well because people can do it, and many times they get away with it. More important, how does one come to think like this? Easy! Let me explain as it all has to do with fear, pride, and power.

In 1637, a saying written by French philosopher, René Descartes (1596-1650) was, “I think, therefore I am.” A new version could be, “I decide, therefore I am!” The proverb, “I think, therefore I am,” is not superior since it is undefined to making a person. For example, when you “think,” you are conscious and awake, and therefore, you become what you think about all day long. However, from experience, there appears to be something missing. There must be more to it. Thinking does not mean you have made a choice about anything – and certainly not have taken any action toward a worthy ideal, at least, not in a real sense. Of course, some intellectuals will

quickly point out when we do not decide to do something, even if we do not know we are doing it, we are directly, or indirectly still making a choice. Regardless, this part about not making a choice, and following through with action seems to be the missing part to a full understanding of, and truth, to the saying, “I think, therefore I am.”

In fact, one can think about a particular idea all day long and get nowhere. Perhaps, you have done this yourself. Maybe you have had the experience of simply daydreaming for a long time. That is, did nothing but think about things all day long. Thus, in my opinion, to “think” is only half of the equation to being, and thus, to be only half of oneself. To get to the goal line, to be complete, to change into the person you say you are, or “I am,” at some level, a decision must be made followed by some type of action on whatever it is you are thinking. When all this happens, and it can fast, then, you can define the experience of the saying, “I think, therefore I am.”

To be or not to be through thoughts, choice, and action that is the question. Perhaps, for some, this may seem simple to do, but not for all. So, to think is one aspect of life and getting things done; another is the ability to make a decision, and then execute or ACT on whatever it is you choice you make. Knowing and applying these positive mind dynamics, is to know the true experience in getting whatever it is you want in life – success or failure. If we do not think in a way that makes us decide, and then act, then we experience a common mind condition known as procrastination. In these situations, we can think, with a skill to make a choice, but with an inability to act on our choice. In this situation, what seems to be apparently easier to do while we are thinking about anything is – nothing. Even if we have can think and make a choice, most forget about the most important part, to act on our choice and this is a key why people do not understand more about many things. I think you would agree with me that life experience brings with it more understanding. When we don’t know about something, especially about something strange, we generally first have unknown fears about it, and this emotion automatically get us thinking negative thoughts. This just happens, naturally.

In fact, some teachers of positive psychology say most people think negative thoughts about everything and this leads to narrow mindedness and conformity. People acting like everyone else. I once heard that as much as ninety-five percent of the average person’s thinking is on the negative side. Furthermore, that it takes three times, more mental and physical energy to think of just one negative thought, then if one thought of a positive thought. If this is true, then no wonder why by two, or three o’clock in the afternoon most people are so mentally exhausted. Perhaps through this habitual way of negative thinking, we bring about a level of false comfort and safety in our work and living life. Now the question is, how does this common way of thinking relate to the experience of contacting the spirit world? Here is one example.

On a TV episode of Oprah, a researcher, acting more like a psychic judge, viewed a demonstration of spirit contact and communications by psychic spirit mediums John Edward and Allison Dubois. The researcher said to Dean Radin, author of *Entangled Minds*, “I don’t believe in all this because there are no scientific studies to support psychic abilities, nor consciousness survival after death. Radin’s response challenged the researcher saying there were in fact thousands of scientific studies on psychic abilities, and that researchers either did not know where to look for them or choose to ignore them because of possible ridicule by the scientific community. Then,

Oprah asked the researcher if she had any paranormal experiences such as getting an unexplained sign from a loved one who tried to make contact with her. She surprisingly quickly said, "Oh definitely!" The audience went silent.

So, what exactly is going on here? I'll tell you. The power to think positively, or negatively, and make a choice combined with an ability to act out and say whatever it is we want to believe is true, or false, at any moment in time. The truth about something, anything, comes from how one executes a decision to know, and then acts out to define it. In fact, by moving a thought into a place of decision, anyone at any time can then say whatever they want about any idea, way of thinking, plan of action, or principal. This way of thinking includes those that make a positive difference in life. By choice, anyone can decide to believe anything said or done, as false, immoral, or wrong regardless of what science has repeatedly proven to be real, and good. Thus, this same mindset can include thoughts, decisions, and actions to be take place about spirit contact, spirit communications, and most certainly the entire spirit world concept. By the way, should you want to see the latest in academic peer review scientific research on topics related to spirit mediums, I highly recommend you start here: <http://www.windbridge.org>.

Regardless of whether something is true or not, a person's mind will go to work to discover ways to defend its position, right, or wrong. Of course, therefore we can cast any personal viewpoint about any person, place, or thing. For example, let us take a closer look at the self-professed psychic spirit medium at work who gives psychic spirit readings. Now because we all can think whatever we want about anything, there are a few who can and have every right to say statements like, "If you want to be a famous psychic spirit medium, then all you need to do to be successful is get a "willing" subject to believe in your psychic abilities."

Now, depending on the background of the person giving the statement, its meaning will first go through a rational thinking process, it is hoped for in favor of person given the message. In this case, let us say the person giving the statement does not believe in psychic powers. If so, then the statement given may help guide listeners to set up a specific mindset to think all psychic spirit mediums have a poor personality trait for doing one thing, deceive others. However, if you think about the statement given, in general, it can be true about any professional or organization providing any service.

For example, when a person thinks about, or holds a belief in person, a place of service, or thing that supposedly does something good, they must first be "willing" to take part in whatever is necessary to get what they want or need most from the relationship. Does this make sense? Whether it is a religion, or if a person votes with their money to see a certain doctor who will help them live a better life, or if one wants to grow in love with a special person, they must first be open to the experience. Let me use a few more down to earth examples.

Do you believe in God? Some say yes, others say no. I do. Regardless of what others believe, for millions, God is real, and since time began, he has and continues to create miracles in people, places, and things all over the world. Would you agree? If you say yes, then you have also thought about this and may have gone so far as to make a personal choice to become a willing follower of the covenants of a certain faith.

Here is another case in point. Today, I found a new dentist. I had to so I could save time and money. You see, before doing this, being a loyal person, I would go and see my New Hampshire dentist on a regular basis whenever I was in town. Because I

moved to Southwest Florida years ago, it was time to change. Besides, I knew if there was any type of doctor of the healing arts that, you do not want to wait and see until there is an emergency, it's your local dentist. I say this only because once early in my teens I had a toothache, and I vowed never, never to go through that experience again. My success to date could be summed up in four words that some say whenever I asked them how life is treating them; "So far, so good."

Anyway, out of all the dentists in my area, and there are many, the doctor I found used the word, "preventative" dentistry in his advertisements. Now, I know the mindset of a preventative dentist because I used to see one more than thirty years ago and have not experienced another dentist like him since. You see, a preventative dentist treats you differently, as they are always thinking about how to help you keep what you have and not try to sell you on anything new. Instead, the focus of this kind of dentist is always on avoiding "emergencies." He is like the hotel maintenance person who does preventative maintenance so that what he or she takes care of do not fall apart. The preventative dentist takes x-rays only if needed, looks for loose fillings, and the exceedingly early signs of decay so that you, as the patient can avoid pain and unnecessary dental work. Of course, I had to become first a "willing" patient for this new dentist if I wanted his help. In essence, I had to believe in and take part in his dental abilities and services.

Now, let us move ahead and look more closely at how a few, who because of their thinking, focus their views by choice, more unfavorably at whatever a psychic spirit medium at work does. These people define all the job tasks the psychic spirit medium performs as negative, immoral, and many times dishonest. They have even given names to the different aspects of the psychic spirit reading process to help prove credence to the critical mindset of the psychic spirit medium, and his or her wrongdoing, and ulterior motives. A common one given is Cold Reading.

What Cold Reading means is that to be successful as a psychic spirit medium, all one must do is quickly blurt out numerous general statements such as, "You are living in a house with running water." Most homes have pipes and running water. "You have at some level a relationship with a male, could be a father, brother, or lover who at one point wore shoes." Now again, there is a good chance of this being true, and if not, then the psychic spirit medium could simply say, "Then you will see this soon."

Furthermore, while supposedly saying many general statements, a psychic spirit medium also looks for clues about the person getting the spirit reading by watching closely at body language, and the types of clothes the person is wearing, and somehow relates these types of statements to that person. The purpose of all this is to get at least some correct statements made, and if this is done, then this is all that there is to it in becoming an expert psychic spirit medium.

I must confess, while in practice for now over a several decades, I have had the honor and privilege of watching dozens of psychic spirit mediums at work in person, and never once saw these types of messages given. As for me, whenever I am giving a psychic spirit reading, sometimes I do talk fast, but that is because I need to raise my energy while a spirit lowers its energy, and so we can come to a middle ground for understanding and interpretation of psychic energy, as the energy converts to spirit messages.

I do not provide general statements, nor do I pay much attention to what a person is wearing, as this aspect of life no longer seems to have any real link to the person. Besides, focusing on what a person is wearing instead of making contact with the spirit world can easily guide the psychic spirit medium to move off track. Regardless of what a person is wearing, I give whatever psychic impressions I get holding back nothing. I would rather be wrong with anything I say than to leave out anything. I say this openly because that one piece of information I may leave out, just may be the most important piece of evidence of the spirit who is present.

Generally, I only give specific information, names, and dates. In most cases, it is the spirit, or spirits who give the letters of people's first and last names, numbers, and guide me to certain calendar months, and so I deliver them, "AS IS," without trying to add anything, as this could make them confuse for the person receiving the messages. Furthermore, I hardly ever look at the person when giving a psychic spirit reading. In fact, most of the time I look away. My goal is simple, and here it is, I am interested in helping the person get a psychic spirit reading to moves from good to great.

While doing this, there is an agenda going on beneath the surface that has to do with an ongoing passionate interest in how I can improve my intuitive abilities to help others. Many times, a person getting a psychic spirit reading will say, "Can I ask you questions during the reading?" I tell them of course, but most never do because for some reason whatever it is they are thinking about asking, as the psychic question comes to mind, I start answering it, but with caution not to interrupt them, or cause any worry that I will not receive all of the messages that I am supposed to receive and deliver. Whenever a psychic spirit reading is completed, I ask if there are any questions, and the usual response is, "You already answered all my questions."

Next, we have those who believe psychic spirit mediums perform a Warm Reading. This happens when a psychic spirit medium delivers special messages about the person in a way that they would want to believe they are true about themselves but also could be true for anyone. For example, "You want to look beautiful." "You want to look smart." "You want to be successful!" "You are important and make a difference in the world." "You are smart and wise." Then there are those who believe all a psychic spirit medium must do to be successful is to point to the head or chest area and say, "This is how he or she died," because most people die of a head injury, or heart attack. In other words, all anyone must do to "Wow" another person is to say general statements about them adding in whenever possible a few compliments, and you will experience success as a practicing psychic spirit medium. What do you think about all this? I must say one more time that I have yet to see a psychic spirit medium do these things. Perhaps I need to get out more but what I do know is that if someone is doing these things, I will bet sooner or later they start to realize there is more to this practice than meets the eye. More important, after completing more than ten thousand readings, you can trust when I say that if anyone did practice mediumship in this way, it would not only be unsatisfying, but quite boring.

Perhaps education has something to do with how a professional psychic spirit medium practice. No question when I first opened to the world about my intuitive abilities, my confidence was tremendously fueled by the teachings of John Maerz and Sandy Anastasi who at the time owned a metaphysical shop called the Astrological Institute of Integrated Studies (AIIS) located in Port Charlotte, Florida. By the way,

Sandy Anastasi is the only person who can claim to be a psychic development teacher of the now famous TV super psychic spirit medium John Edward, and no doubt others to follow.

While moving through what I would describe as a higher education in spirit mediumship and psychic development work, not once was there ever a class on how to conduct a cold, warm, or any other type of psychic spirit reading than to turn on and tune in to the spirit world. In class work at AIIIS, students never had a class on how to conduct research to discover information about a person prior to doing a psychic spirit reading, or what is called a Hot Reading. All I can say is if you understand the psychic spirit reading process, then you would have only one thing to say about any of these other supposed ways of working, and it would be – what a waste of time.

Second, if you think about it now that you understand more about the psychic spirit reading process, you know any information one discovers about a person before a reading may no longer mean anything, be valid, or apply. So why bother? More important, the spirit coming through in a psychic spirit reading will give much more accurate and significant information, so why clutter up the reading with unimportant or no longer valid details. Additionally, the person may not remember, or be able to recall any information found beforehand, or the information may not be important enough for the person to be convinced the psychic spirit medium is the “real deal.” So, I say again, why bother finding anything out ahead of time. A psychic spirit reading is much more fun, exciting, and memorable when we go in and experience the process knowing little with an open mind and with no expectations. The result can be awe-inspiring.

Furthermore, how can one improve their psychic talents if all they do is research information before giving a psychic spirit reading? Trust me, again, it is much more fun and enjoyable to simply go into a psychic spirit reading process knowing nothing and hoping for the best, which by the way, if you are truly a good person, don't lie, and pay your taxes, then only good can come from good. Furthermore, there would be nothing to worry about from start to finish.

Finally, there is this idea that when a psychic spirit reading is over, all the psychic spirit medium needs to do is make one way or another everything stated in the reading fit into the person's life. I cannot tell you how many times I have told people not to “reach.” That is, not to make things fit just for the sake of validation, or for proving purposes. I am so keen to when this is taking place. Even if a person employs “reaching,” then I would think at least in most cases, common logic will tell what is being done just to satisfy perhaps an inner need for belief and comfort. However, I would also like to think and believe those getting a psychic spirit reading are smarter than what we sometimes give them credit for.

I want to add that there is an idea spreading around that if a psychic spirit medium can do the things they say, then why is there a need for courtrooms, lotteries, lie detectors, or medical devices to scan the human body. Well, again, regardless of how accurate a psychic spirit medium is, always remember, anyone can think differently – about anything, including whatever it is you think. Therefore, even if the truth is revealing, doubt can have a strong influence. Subsequent, just like in medicine where doctors themselves will tell you nothing in medicine works one hundred percent of the time, this is true about any work completed by a psychic spirit medium. Can anyone say what does work one hundred percent of the time with everyone? Just because the work

of a psychic spirit medium is not one hundred percent accurate every time, does not mean the experience, or psychic spirit reading process is not valuable. We know it provides a service of comfort and healing to many. At least this is my opinion, and all this leads me to one question. How can someone who wants a psychic spirit reading to become a better candidate and help make their psychic spirit reading process move from good to great?

While pondering over this, I went back in time to my late twenties and remember sitting in a cozy restaurant that had a fireplace. Just as I was about to order dinner, my date said, "Oh why don't you be a little adventurous and order something different tonight." No one knew it back then, but I not only could see human auras, the energy around people but also the energy around food. I learned to eat foods according to the content of their energetic colors. In other words, because I am color-blind and couldn't see the colors of foods, I sensed the energetic colors of food. Through this psychic sense, I could determine what level of energy, or fuel certain natural foods work best for the mind and body.

I came to know certain foods and drink that returned less energy than what it normally took to consume and digest. More important because of being highly selective about eating only certain combinations of foods and drinking only distilled water and taking a special daily protocol of vitamins, minerals, trace minerals, herbs and homeopathy supplementation, this lifestyle choice made it possible to function at higher levels of psychic knowing. Without realizing it the total daily nutrition intake eventually influenced a psychic knowing about people, places, and things changing the way I worked in private practice.

I was not only practicing psychotherapy, hypnosis, individual and family counseling but was also now practicing as a medical intuitive. In essence by simply being highly selective about certain foods and drinks, I could power up my mind and body in special ways that moved my brainpower into higher intuitive energy levels and psychic knowing. Today, I know anyone can do this. Just by simply eating right, a person can become a better candidate for having a great psychic spirit reading. In fact, foods and drinks have such a powerful influence on the mind and body that whenever a person now wants to be the host of a private home or business [Contacting the Spirit World psychic gallery event](#), they must sign a special pre-party event form stating that they will serve only water to invited guests.

One time when I walked into a private home event and saw at least fourteen people waiting. Every person was holding a large glass of wine. By the end of the event, I was not the only one seeing spirits. The host was last to be given a psychic spirit reading. No matter what I said, she kept saying with slurred speech, "I don't get it, I don't understand!" My response was slight, but I thought, "No kidding!" She did not need any messages from the beyond because she was already there – well, you get my point. Foods and drinks hold and influence psychic energy too.

As for myself, eventually, I created a list of what I called my psychic energy foods, and my psychic energy drinks, and my psychic energy nutrient supplementations. All this helped to develop a deeper interest in nutritional deficiencies and mental illness. By the time I was thirty, I began a course of study in clinical nutrition and naturopathy at distance learning schools. Later, I earned doctorate degrees in nutrition. Soon after graduation to understand better a patient's bio-individuality, their current health status,

and to test my medical intuitive ability, I used a high-tech nutritional profiling system that included a complete blood analysis.

The procedure was simple. The patient would go to a designated licensed laboratory, see a nurse specialist who would then draw blood from the patient. Then in a couple of weeks, a report would arrive in my office revealing the blood analysis. The lab result would show the same as it would in a medical doctors' office. However, at this point, instead of looking at the result of the blood analysis for medical concerns, the report would move through a different process. The next step was to show how a health issue could be treated with counseling, coaching, and certain combinations of foods, beverages, vitamins, minerals, trace minerals, herbs, homeopathy remedies, and other natural ways.

Generally, it took two to three weeks to complete a report and start a new health program. To save time and because of my daily good eating habits increasing my psychic knowing, whenever a new patient came into the office, I found myself intuitively scanning their body and asking if they wanted to wait for the report to come in or start on a program right away. Somehow, just by looking at a person's aura, I could easily see in their bio-makeup, stance, behavior, and by listening to their voice inflexions what was necessary to help make a positive change in their life so they could feel more alive.

Fast forward to today, and still whenever I am out and around others, I am tactfully alert about what I eat and drink, as certain foods, especially those high in sugar can noticeably change internal energy patterns to one like a stock market showing high ups and low downs. Of course, on occasion while travelling around the country I am a little more adventurous and take small risks sampling certain foods and drinks, but always return to cleanse out the not so good food with the right type of drinking water and better high-energy nutritious foods so I can continue my psychic work.

To help quickly power up this cleansing process and increase my psychic bio-individuality, I also take certain special nutritional dietary supplements. The point is by being willing to take a chance and encounter new experiences with different foods, drinks, and special nutrient formulas; I made a choice to jump-start a new learning process to know more about how food influences psychic knowing. You can do this too.

Of course, I had to first think about all this, and then have an open mind, or willingness to the possibility there was a connection between my psychic energy, the energy in foods and drinks, and that my life experiences including the ability to see and hear spirits were all part of the decision. With this open-minded position, we can experience and understand psychic energy better, and the psychic signs, and occurrences that come to us daily helping us to know there is more to life than what we already know. By doing this, we can also develop a calmness about spirit visitations showing them a sense of welcome without fear. When this happens, loved ones who have crossed over to the other side are can more easily make visits to us. They can make their presence known because they know you are open to it, being healthy and fit to experience the encounter. Perhaps you are already one of those special ones that know all this to be true. Being in the field, not a day goes by when I hear someone telling their story of reuniting with a loved one who has crossed over to the other side. Many times, I read about their experience in a local newspaper, listen to it on radio, or see how it unfolded on TV.

One story told by a college student who was getting ready for work, and while doing so found herself thinking and doing several things at once because she was running late. Suddenly, the telephone rang. When she answered, she heard a familiar voice say, "Hi honey, how are you today?" Without thinking, she said, "Find Ma! How are you?" Then the line disconnected. While still holding the phone in her hand, she realized something strange that stopped her dead in her tracks. She sat down to rethink what just happened. As she did this, an emotional windstorm quickly pushed up inside her toward her heart because she knew what she just experienced, and that there is no doubt in her mind she just clearly heard the voice of her mother, but how could this be? You see, her mother died nearly several years ago. What would you think?

What would be the reason for something like this to happen? How is this possible? Could it be that your mother wants to help jump-start your life again into being stress free, adventurous, to open your mind up to higher hopes and possibilities for living life? Do our loved ones who have crossed over to the other side still have the power to influence our physical lives? How can one learn to sense a loved one's presence: will it be real or just our imagination? Why do spirits choose to communicate at certain times and not at others? These questions and more come to the mind whenever we encounter a strange sign, or unexplained paranormal experience.

Sometimes questions like these come to mind while watching an old movie like *Ghost*, and TV shows like *Long Island Medium* starring Theresa Caputo, and *Medium*, starring Patricia Arquette, acting out the real-life psychic spirit medium Allison Dubois, as she sees dead people and hears them all the time talking. After watching just one show, the talking to the dead or rather — the living dead — can for some take on an entire new meaning. Have you ever had this experience?

The idea of seeing spirit faces and hearing spirits talk can get one wondering more about the psychic spirit medium, spirit messages, the spirit world, and psychic spirit reading process. Again, why bother? Well, we know death separates us from the physical closeness of our family members and loved ones. Therefore, it is only natural that we grieve for the loss of the human companionship and interactions we once had with our family and friends including beloved pets when they were living with us in the physical form. We no longer can reach out and touch them or pick up the phone and talk. We experience heartache because of the separation from their physical being, no longer having one more chance to give a hug, touch their face, or hear their laughter. With questions like these going unanswered by religions and science, there can be and always will be great debates about what happens to the soul after death.

So, to help move a psychic spirit reading from good to great, one needs an open mind about whether spirit contact and spirit communications can take place, and then this can lead to the transfer of knowledge of others on the other side who can help guide them. Another reason spirits make contact with us is that those on the other side want to talk with you as much as you want to talk to them. Again, you think, and then decide. Once you decide, then put into action your heart by opening your mind and heart to experience the process. When you do, meeting with your angels, spirit guides, beloved pets and loved ones who have crossed over to the other side is just a thought away.

Last, as promised, here is the response of a willing believer of spirit contact, spirit communications, and the spirit world who gave an answer to the Yahoo question given at the start of this Psychic Guide, "Anyone hear of Dr. Fahey's one of the country's top psychic spirit mediums?" She wrote:

*"I've attended 4 Private Home Gallery readings that Dr. Fahey has facilitated in Vermont. At each reading, each person gets a personal reading. The home galleries I have attended have been mostly with friends and colleagues, so people that I know well. All of us have been amazed at how accurate Dr. Fahey is with details and events of our pasts, of our relatives past, and making predictions. My husband who went in being very skeptical of the whole thing was speechless when Dr. Fahey finished his reading. He had details about our dog that had passed years ago, his career, and his childhood. All of which, could never be found anywhere.*

*One of our close friends Chris Powers, who is a retired VT State Police Officer, attended at the persistence of his wife. Totally thought it was a hoax and was there to prove it. He did everything possible to make it difficult for him to get a reading, ended up speechless as well. The best piece is Dr. Fahey doesn't require the host to pass on any information, not even names of anyone who will be participating in the gallery. I also like that Dr. Fahey educates the group before he starts any reading, so that you understand that you shouldn't believe everything he says. You should have a healthy dose of skepticism with any reading you receive.*

*Last thing about Dr. Fahey is that he is a psychic spirit medium. Depending on how open you are will depend on which type of reading you get, or if you get both. I would recommend that if you think psychics or spirit mediums are a "racket," that you not waste your money. You won't get anything from anyone. However, if you have an ounce of it being possible, try Dr. Fahey. He is extremely entertaining with all his stories. Therefore, if for nothing else, at a private home gallery with 10 other friends, you have paid for 2 hours of entertainment that has left most of my friends and I with sore sides due to the amount of laughter from his accuracy about our personalities." Signed: Jennifer Harper - VT*

Is it time for your private reading?

[HelloFromHeaven.com](http://HelloFromHeaven.com)

# Psychic Guide 3

## WHERE DO YOU GO WHEN YOU DIE?

"I believe there are two sides to the phenomenon known as death, this side where we live, and the other side where we shall continue to live. Eternity does not start with death. We are in eternity now."

– Norman Vincent Peale  
Author: The Power of Positive Thinking

Some say, "Life's a bitch, and then you die." Others like Benjamin Franklin (1706-1790) once wrote, "In this world nothing can be said to be certain, except death and taxes." He also said, "Finding myself to exist in the world, I believe I shall, in some shape or other, always exist."

Whenever I perform a private home and community psychic event, a frequently asked question is, "Dr. Fahey, where do you go when you die?" I have what some call a good and healthy sense of humor, and so for the quick witted, my response usually starts with, "Well, I can't tell you from personal experience, but I do get clues from those in spirit." Did you get the joke? If not, read my response again, you will figure it out.

You see, I get this question for a few reasons. One of them is because for some strange reason, there are those who think that because I am a psychic spirit medium, then I must live in a cemetery. I do not know why, but there are also people who believe that I not only live and sleep with the dead, but also have long conversations with them that last through the night and when finished, like a vampire, I come out at night to go to work. Interestingly, the same people who ask these types of questions think I am a little strange. Of course, this is not true. I live in a small condominium that I call a shoebox because of its size. I sleep in a bed and many times, not just with my wife, but also our psychic dog, Spot. Spot's a Papillion. Do you have an animal? If you do, no doubt you know what I mean. Whenever I look at him, I get a psychic impression of a living soul that has been here many times before.

Another thing people think is that I have a morbid sense about the dead. Of course, this is not true. If anything, my true interests have more to do with the life and living, meaning life here, and the afterlife. I enjoy doing research on human consciousness and personality survival of bodily death, including all the possible ways of making contact and communicating with the living souls of those who have crossed over to the other side. Exactly what do I know and believe to be true about where you go when you die? Well, with all that I have learned to date through research and my connections with the spirit world, I would have to say the place you go when you die, is no different from what we experience here on Earth, except you go into a world of your own making. In fact, when you die, you pick up right where you left off when you leave here and go there.

Some want more specific details, while others do not care or just want to hear there is a better life in the afterlife. When I question why this is important to them, the

most common answer is because they are so tired of living and working in this lifetime, they can't imagine going or doing anything more. However, many are please to know that the experience of crossing over to the other side changes everything you think about life. You realize more about who you are, and why you are here, and about your true destiny. When this takes place, a special spring that fills you with soul nourishment comes from a light source like no other you ever witnessed before, and while doing so you not only experience peace, but also guidance that makes your spirit automatically rise and move ahead.

Now, if you were to investigate further and then make a guess that, I believe the place you go to when you die is simply a higher state of awareness, then, you would be right – this would be heaven, your heaven. In essence, my belief in the afterlife is that there is more life after life. Thus, the end here is just the beginning there, on the other side, when you show up.

To help you understand this better, there is a romantic movie called, *What Dreams May Come* (1998), and in it actor Robin Williams plays Chris Neilson, a businessman who meets his soul mate, Annie, in a chance encounter. Soon after, Chris, and Annie married. As a result of true-life experiences, including tragedy and death, Chris dies and finds himself in heaven, but he is not happy at all because there is one thing missing – his wife.

Showing a picturistic display of how real love continues even when we go to heaven, Chris decides to risk eternity by taking a chance and traveling to strange places to find his soul mate's spirit so they can reunite in heaven. There, I have said enough. I don't want to give you too much without spoiling the entire plot before you watch it.

Eventually many ponder the question about the place you go to when you die, and to be honest, there are an infinite number of answers. So, I will not try to give any of them merit except to say, there is still great debate going on about each theory. In the meantime, each one of us needs to decide for ourselves what we want to believe about where you go when you die. Why? Well, it seems what we believe to be true relates to the experience we encounter. If you are serious about knowing more about the other side and want to get a better idea of the blissful state of consciousness that continues after death, then consider having a psychic spirit reading, or better still, study hypnosis, self-hypnosis, or meditation. These powerful positive relaxing mind tools can help give a spiritual boost to your awareness, health, and even open a door to your intuition giving you at least a glimpse of other worlds.

At the same time, you can learn how to remove doubt, worry, and fear as these emotional states can easily block psychic vision, pathways, and spirit connections. Just as futurists see and predict economic financial roller coaster rides of world markets, you can learn to open your mind, and open your heart to see and experience your future self – who you will be, in this lifetime, and the next.

You can experience a timeless mindset like those who have had a near death experience and gain the peace of mind and spiritual knowledge and understanding you deserve for living a full life. These changes can help you to become more lovable and to discover intuitively your own soul mate. You can also experience past lives or what it is like in between lives, and before reincarnation takes place. In essence, learning hypnosis, self-hypnosis or meditation can be one of the best investments you ever make in your lifetime.

We live in a time when one can become anything within ten years. You can become a doctor, lawyer, engineer, accountant, nurse practitioner, or any other of the hundreds of professions, if you decide to plan for it and work hard because then, and only then will you know where you are going. In other words, you decide what your life will be like here, just as you will there on the other side. However, what is most interesting to note is that when you decide to further your education, to learn about any field of study, you generally never see a course in topics like hypnosis, self-hypnosis, or meditation. Why is this?

Well, one reason may be that these subjects help you to think differently from the norm, to enter a natural higher state of awareness that brings about a higher level of psychic awareness. In fact, several of my spirit guides lead me to my first book on hypnosis when I was only nine. The cost at the time was just twenty-five cents. I got more from that little book on hypnosis, which is now out of print, than in completing entire courses taken in graduate school degree programs. In doing so there was an increase in psychic talent and personal motivation to learn more from teachers and professionals in the field so I could share with others, just like you, what I know to be true today. At least think about it, and if you need professional assistance after you decide to act, then I am only a telephone call, or text message away.

To help you and your invited guests to think, decide and act more positively about spirit contact, and spirit communications, especially if you are about to host a psychic gallery event, there are some details you should know in advance. First and foremost, is that you want your event to be the best it can be, and to help solve many questions about the proper setting of a séance room, whether the event is to take place in a private home or office setting, you should consider the following décor.

First, let us consider the influence of lighting and color. As a rule, subdued lighting has a very favorable effect on those about to get a psychic spirit reading. Lighting that appears soft or less tense can be helpful, as it seems to improve a mind to positively focus and interpret spirit messages. During the daylight hours, the host can draw window blinds or shades and instead use soft lights to achieve the right environment that not only is calming for those in attendance but also welcomes loving and positive spirits. When choosing a special lighting source, use lamps and bulbs with soft white, blue, pink, or green in color. These colors have proven to be most relaxing for humans, and while doing so perhaps because of what you are feeling in the environment, this may influence those in spirit in the same way. You should avoid colored lamps or bulbs that include red, orange, and yellow, as these seem to generate an irritating influence on everyone.

Next, the room temperature would be an important consideration. A balanced temperature, slightly on the warm side is best as this appears to help not only the psychic spirit medium to control their psychic energy during the spirit reading process but also those receiving the spirit messages. Conditions to control and if possible, completely avoid are those that produce extreme temperatures of hot or cold. For example, when we experience sudden drafts from open doors, windows, or fans, there can develop a quick uncomfortable feeling that can influence the psychic spirit reading process and not just for the living but also for those on the other side.

Those on the other side know if they really want to get the attention of a special person, they can deliver the message through a scent, but if a draft from an open door,

window, or fan blows it away, then this can cause confusion, frustration, and hurt, especially if others smell it first. All this tells us is that the sense of smell is another major consideration that the host should try to control in the environment.

The subject of smell becomes even more meaningful if the person hosting the event or anyone else in a group séance smokes. Why? Well, because a non-smoker can usually detect the presence of a smoker when they are in the same general area. So, if the host or anyone else in a group gathering smokes, and there are non-smokers coming into the group, then all smoking should be avoided to help everyone concerned about achieving the best spirit reading possible under the circumstances.

Furthermore, by doing this, if a spirit comes through to say they are sorry because they should have stopped smoking, to help make sure everyone knows it is them, they may deliver a scent of their own brand of cigarettes, cigar, or pipe tobacco smoke into the air. Thus, the atmosphere of the séance room should be clear as possible.

Besides, you may find it interesting to know that even though a person can sometimes tolerate cigarette smoking, or any lingering second-hand smoke on a conscious level, they might not be able to do so when in a room for the purpose of holding a private or group séance. Not only should there be the avoidance of smoking, but also of other peculiar odors. Odors, such as those from onions and garlic, or any other kind of food aromas, or smells that might cause a mind-body allergic reaction leading to an unfavorable level of focus and attention of the living environment, the psychic spirit medium, and psychic spirit messages.

Thus, we always tell a host presenting a private home or community psychic event that there should be no food or drinks, offered once the event begins. Bottled water is fine, but no food, or other types of drinks. Of course, the avoidance of alcohol and all drugs, including tranquilizers is obvious, as they will most definitely influence the outcome of a psychic spirit reading. What is highly recommended of all invited guests that attend a psychic gallery event is to get plenty of rest, eat only good natural foods, and always drink plenty of pure water before arriving.

Favorable odors such as those that come from properly placed lit candles, flowers, and pleasant perfumes, all of which can be acceptable when used sparingly, and if there is no objection. Additionally, certain highly selective types of background music can have a very relaxing effect helping the person getting a psychic spirit reading to be more open, and to remember and recall important aspects of life as they relate to spirit messages more easily. The type of music I am speaking about will be soundtracks that present soft, low, and subdued background, and if possible, faint to hearing.

Even though I understand and do believe music can be helpful when giving a psychic spirit reading, most of the time, I prefer to work without sounds of any type. I work this way only because while working as a musician in a past life, many times spirits wanted me to hear a particular sound, or piece of music when they delivered a message. Spirits sometimes want me to hear the tune and say exact words to a person such as, "This is our wedding song," or "I am now dancing to our song!" Sometimes spirits sing a song to get me to think in a certain way, as the message conveyed in the song is the message, they want me to deliver. Therefore, I prefer to work without the use of music or sounds of any kind.

The living environment a host sets up should be one that is normal – and what I mean by normal is that it does not need to be so quiet you can hear a pin drop. No one lives in a soundproof space, nor do those who have crossed over to the other side. What is important is that noise at any level can bother different people on different levels, including their abilities to focus and take part in a psychic spirit reading process.

Usually, no matter where we live, there are occasional noises in the background. Since there is no question noise can influence the outcome of a spirit reading, I suggest to a host who will present a private or community psychic event to make sure all telephones, computers, cell phones, fax machines and other devices that make a noise are turned off. Additionally, I ask that, if possible, all invited guests leave their cell phone, beeper or other personal devices at home, or in the off position for the entire event. I also request that if the host owns a pet of any type to arrange for it to be in a safe place for the entire event. Why is this? Well, during several performances, horses, dogs, and cats have disturbed a séance in progress.

I will never forget while performing at an event in Dover, New Hampshire, when two horses got out of the barn, twice! You would not believe what happened next. Everyone in the event left the room to go out and catch the horses and put them back in the barn. I waited about twenty minutes and then started again when suddenly someone said, “They’re out again!” With that said, everyone left the house again to go round up the horses. Another twenty-five minutes went by before we could start. Silently, I had to laugh.

There was a time when a dog came running into the house while a spirit reading was in process only disturbing the person getting the reading, the dog did not bother me at all. I thought the brief time-out caused by the animal was funny. Everyone noticed my reaction, as I went on with the reading as if the animal came in for a good reason. Still, the host needed to take time out to take care of the situation.

Regardless of all the preparations we will still hear the noises made by natural means, such as when rainwater falls, the sound of wind blowing, cars and truck moving, neighbors carrying on, and of course, if open to them, the voices of those all around us in spirit. Regardless, there should be as much comfort as possible whenever a psychic spirit reading is given.

A person getting a psychic spirit reading should be advised beforehand to wear comfortable clothing, have a comfortable chair to sit in and made to feel as much as possible perfectly relaxed. The mind should not hold any expectations, and again be well rested, satisfied, and ready to experience the process. Besides all this mentioned thus far, we ask that there always be on hand a box of tissues as spirit messages can become emotional at times.

In fact, a spirit reading may become so emotional; it may need to stop for the right reasons. Thus, the psychic spirit medium needs to have higher levels of emotional intelligence and control and an ability to sense when to stop or keep going. As explained in *Psychic Guide 2*, any person getting a psychic spirit reading needs to hold only positive thoughts as their psychic energy is just as important, if not more so than that of the psychic spirit medium giving the spirit reading. Even if a person getting a psychic spirit reading believes in spirit contacts, spirit communications, and the spirit world, but for some reason does not like the psychic spirit medium, then the outcome may not likely be a good one.

Here is another issue that may take place. Some females prefer to have another female do anything only for them. So, if anything, hopefully for these people, the psychic spirit medium needs to be at least likeable, approachable, and a person who can easily relate to others on many different levels to ensure trust and confidence.

Having an understanding about the living environment that we create for ourselves, and how it can influence a spirit reading can help give us clues about the living environment of loved ones who have crossed over to the other side – the place you go when you die. Think about it, if you are about to have company over, then we generally clean up the place and get ready for a good time. Why do we do this?

Well, the answer is because something special goes on deep down inside of us whenever someone knocks at our door. We know whenever someone walks in, as if it was judgment day, there is a normal sense of a possible personal discovery or secret that nobody knows about, and that a review of that secret as it relates to you will take place. Our thoughts and behavior search for quick sounds of acceptance so everything can move on without fear of any criticism as we only yearn for comments like, “What a nice place you have.” Why does all this happen?

The reason why is because we make the spaces in our home a reflection of who we are, and the people we have come to know, dreams we have dreamed, and life experiences we lived. We psychically express ourselves in every space of our home. Whenever someone visits us, many thoughts move swiftly through the mind about what we own, the setting of things, and again way down even deeper whether we are going to be safe. Why? Our home is supposed to be a place of privacy, and where we do things, others never see or hear about, except for our pet. In any case, I must say, in the last decade, I have been to too many houses in my lifetime, but few homes.

It takes a special person to change a house into a home, and by doing so one creates a welcome sign for not only those of the living but also those on the other side to come and stay awhile. It all comes down to thinking, making a choice, and then applying positive action to make it so. How you make your living environment is an expression of how it will be when you get to heaven, except that you will not need money to buy whatever you want to make it better from what it looks like right now. My best guess is that you will have powers like Samantha, a good witch played by Elizabeth Montgomery on ABC in the late sixties, early seventies. All you will need to do is “twitch” your nose, and presto, anything you think about will happen. At least, this is what some spirits tell me.

Just as you create your home here, your home on the other side will be an expression of you when you cross over. Additionally, as you grow spiritually on the other side, you will make your space so you can do the things that make it possible for you to continue grow, and to choose who to be around while doing so. Furthermore, you will make your place in a way that will be inviting to other spirits.

Finally, as hinted earlier, if you do not know it yet the only thing that will ever come close to knowing more about you and what you do in the privacy of our heavenly home, will be your pet. If they have not already reincarnated, all your loving pet soul mate will greet you when the day comes that you show up on the other side.

Is it time for your private reading?

[HelloFromHeaven.com](http://HelloFromHeaven.com)

## **SECTION TWO**

### ***Pet Soul Mate, Distance Healing***

# Psychic Guide 4

## THE PET PSYCHIC – ANIMAL COMMUNICATOR

“Until one has loved an animal, a part of one’s soul remains unawakened.”

– Anatole France  
Author: Penquin Island

Three text messages just arrived on my cell phone. The first one reads, “Hi there, I hope you don’t mind me writing to you, but I am desperate. My dog Alfie was diagnosed with lymphoma at Xmas, he had a 20-week course of chemotherapy, which ended on April 27th with him in remission. This weekend his lymph nodes swelled up and I’m terrified the cancer has come back. We have a Vet appointment at 4:30 today, and I dread the news I may get. I have no family. Alfie is everything I have in the world, and I just can’t bear to lose him. Please, pray for him, and send any healing energy you can. Thank you so much. Signed: T.C. Ireland.

The second text message reads, “Dear Dr Fahey, I would be so grateful if you could send some positive psychic healing energy to my cat George (from Glasgow). He is suffering from oral cancer and as a keen believer in your work, and the spirit world. I know that he would benefit from your help. At almost 18, he has been through so much recently, and despite everything, his prognosis is extremely poor. He is such a gentle soul and deserves a little help wherever possible. At his age, I know his time is limited, but I would like to think that he could cross over in his own time rather than because of this terrible disease, and the inevitable pain that accompanies it. I’ve attached a photo of George, taken a few years ago when he was in better health. I really appreciate you, and any healing thoughts you can send his way. Many thanks. Signed: T. Holiday.

Finally, the third message was from a local Southwest Florida attorney. Her message says, “Thanks so much Dr. Fahey for being there. I would like to have a pet psychic reading for the purpose of an animal communication in spirit. This may sound crazy to be so distraught over the loss of an infant animal, after I have lived through and mourned a few family pet cats and dogs who all lived to be 14 to 20 years old. However, this little baby raccoon has left my heart hurting so much. I found him on May 6, where he had fallen from his nest, and my guess is that he was probably no more than a week old, with his eyes still closed. Because he was in a vulnerable area and his mother did not return, I took him in and thought I was doing everything exactly right from the literature, and from having done a little rescue work before.

I live in a wooded area and animals seem to be comfortable coming and going from the woods here, so his release to the wild was not anticipated to be a problem. He won my heart when while he was nursing on my little puppy formula bottle and grasping my finger with his hands, purring, and snuggling in his little bed. I just fell in love with him. He seemed to be doing fine.

His fur was coming in, features becoming more distinct, lively, taking his food, and then on the morning of May 13, I awoke to find that he had passed. I was

inconsolable and have been grieving his loss, as though I had had him for years instead on only one week. I have been beating myself up with guilt over whether I did something wrong in caring for him to cause him to die, and I'm having a really tough time doing my work trying to grasp why I was the one chosen to find and fall in love with him if he was only going to die in one week. My two questions are: (1) why did he die, and (2) what messages, if any, has he for me? Any messages he has for me, will help my heart stop hurting. Bless you in advance for being who you are, and what you do. Signed: Hurting in Georgia.

Every day, hundreds of messages just like these come in from people all over the world asking for pet psychic help and support for their animals and particularly for their pet soul mate. You would think that because of what we know from science, or our belief in a particular religion that normal hard-working people today who write to have a pet psychic reading are plain nuts. And you would be wrong. Regardless of our beliefs, or what science has to say, when it comes to our pets, and wanting answers, everything pretty much goes right out the window sort to speak, and people want answers.

Not a day goes by when someone is thinking about calling a good pet psychic, who are many times called, animal communicators, to help them connect with a pet soul mate, a lost pet, or to get spirit animal messages from a beloved pet that crossed over to the other side. Additionally, people hire a pet psychic to help them discover other things about their pets such as to get possible explanations for behavioral problems, to learn what their animal friend wants to tell them to deepen and improve their relationship, and to understand their pet's needs and feelings. Spiritually minded pet psychics receive calls daily to give prayers and positive healing energy. Many provide this service through distance healing at no charge. I do.

Finally, just as humans want a psychic spirit reading to get messages of love from their loved ones who have crossed over to the other side, pet owners want a pet psychic reading to know if their beloved pet is okay, safe, and doing fine. Personally, I have been all through it, the experience of losing a pet, and know firsthand how difficult it can be.

Many people feel like their animal is a family member. I can understand and respect this bond between a person and their animal, and how it can be an exceedingly difficult time when an animal time comes to cross over. However, when this happens, who are you going to call to explain what you are feeling? Who can you trust to listen and understand what you are going through?

Some of your closest family members and friends may not "get it," when you try to explain how you feel when you are moving through the experience of a pet crossing over. I have witnessed some of the strangest guidance by a few trying to help others after losing an animal. For example, I remember being with a close friend who lost her dog, and her neighbor saying with a smile, "Oh, it's not the end of the world, just go out and buy another one."

Only certain words can describe what the pet owner's facial expressions were saying in response to the remark. Can you guess what they might be? I think you would agree that this is not the kind of help most would want at a time like this when life is no longer going to be the same. Endings are tough. Again, I remember it, as if it were yesterday, when I needed to put down my pet soul mate Rx, a Hungarian Vizsla that we had the joy of sharing life with for a little over ten years.

No question because of my state of mind, the Vet appeared to come on a little strong about the hard decision that needed to be made and if for anything, for the sake of the animal. It was time to let go. Of course, someone needed to be strong, as I certainly did not want to let him go. He went to the Vet wagging his tail probably knowing thinking, "Oh boy, I get to take another ride." For some reason, I could read his mind, and he knew it would be his last. Still, he loved getting into my truck.

After it was done and over, the Vet assistant took me aside and privately said, "Don't let him kid you! He owned a dog just like Rx, and in fact, every time he sees Rx, he reminds him of his best friend he lost. The day after I came into the office and noticed something strange, the doctor was in his office for a long. So, I decided to knock on the door, and as I slowly opened it, I saw him on his knees bent over with his hands holding his head as if hiding his face.

My first thought was to call 911 thinking he was having a heart attack, when I saw him move and noticed what was really happening. He was crying and crying so hard over the loss of his best friend that he couldn't even stand up." I looked at the technician and spoke almost in a whisper, "So he knows." Without saying another word, her eyes answered my question letting me know he did, and more than we could imagine. Why am I saying all this?

Well, because I know if you are a true pet owner, then you know our animal friends are special. In fact, if not extraordinary, and when we let this happen, the rewards are enormous, including the medical benefits. What is important to know is that your animal friends, particularly your pet soul mate will be with you forever through eternity. So regardless of all the debates about whether animals have a soul and go to heaven, my belief is that they do, and they will certainly be waiting for you when you arrive in heaven.

To understand this, for just a moment let's find out why all this is true that your pet soul mate will be with you forever, and why if you had a pet that crossed over to the other side, he or she is still with you right now. First, you probably already knew prior to when we are reborn, we pick our parents. If you didn't know this, you do now. We all come back into the same family, only at different times, and we choose who will be our mother and father. Well, just as we pick our parents, our pet soul mate picks us to help them on their spiritual journey.

If you thought for even a moment, you picked out your pet than you are in for a big surprise. The animals that come into your life do so for spiritual purposes, and because you are a linked to their spiritual growth, they become more human. Oh, we can get into much talk about the lives of certain animals, but as one can debate religion and philosophy and can do so about many things, I will stick to the topic of pets that come into your life.

Pets know long before you decide to have a pet, they will be in your life. Perhaps this is one reason professional animal trainers tell people who want to own a pet to behave in a special way so that the animal can "see" better the energy around the human. In essence, the animal knows by looking at your human aura the energy around your body that it can say, "Finally, my soul mate." Pet owners will tell you in length their stories about how they met their pet soul mates, and they are many times better tales than how humans meet human soul mates.

After arriving home with your pet soul mate, among other experiences you will discuss will be the lifespan of the animal. Generally, only a few words, as we do not like to talk about death and dying in our society, especially about our new baby animal's normal lifetime. More important, we are just so happy to think about an ending with such a beautiful new beginning just taking place.

Then what happens next is amazing, you learn by having a pet just how time can become timeless. You and your pet soul mate are loving life, and you realize just fast time goes by because before you know it, your animal friend needs to cross over to the other side. The question then is, do pets go the heaven? I believe animals do. Oh, you can always be sure there will be people who have come to judge for themselves and for many reasons including religious and political concerns, and even for monetary reasons that an animal does not and cannot go to heaven. One idea that seems to persuade certain individuals to believe or not believe if animals go to heaven is to decide if animals have a soul. In other words, if animals have no soul, then supposedly there is no afterlife for them. This helps special groups of people to do special things with animals.

Let us say for example, you decide to believe animals have no soul for political reasons. You may do this because it may make it easier for you to belong to a special group or organization that believes in animal testing. Think about that for a moment. You need to set your eye-camera in a certain way to become what you think about and attract a likeness of purpose for doing things. In this case, you would believe animals have no soul to manifest, or bring about the conditions you most believe in and this would mean trying to bring animal testing logic to make common sense for the good of all. Personally, I don't believe in animal testing for anything, but it is still being done.

Next, we have those in the world, and this includes me, who believe all living things, animals too, have a soul, and therefore, we all go to heaven. Of course, there are also practicing believers of their Bible, who use passages to help guide them to make the choice about what to believe, or not to believe about many things in life and living, and one of many concerns is about whether animals go to heaven. Being a practicing reverend, and of positive mind dynamics, I have read the Bible many times, and to give you some idea how much, I know how many times, the word "yes" appears in the good book, and how many times the word "no" appears. My point is that I just wanted you to know there are over a dozen passages in the Bible that tell us our beloved pets will be there in heaven when we show up. For example, see Genesis: 9, 13-17, Revelation 5:13, Matthew 10:29, Genesis: 9, 13-17 (Ecclesiastes 3:18-21 TEV), (Job 12:9-10 KJV), (Romans 8:21-22 KJV), Genesis 9:8-16, Revelations 19:11, Proverbs 12:10, Psalms 50:10-11, Job 12:7-10, Revelation 5:8-13, Psalm 145: -9-10, 13, 15-21 AMP, Romans 8:19 (KJV), Revelation 5:13 KJV, Romans 8:21-22 KJV. All these passages can easily point our eye-camera to focus on and make a choice for ourselves for what really happens in the afterlife.

Then there are those who believe animals have no soul because humans are superior to animals, and therefore only humans can possess a soul. How did this idea come about? Well, thousands of years ago, as far back as in early Greek society, people believed there was a human soul, but that it was a separate entity needing no body. Then Aristotle (384 BC – 322 BC), the Greek philosopher came along and had different viewpoints.

Aristotle believed the soul was real, but that the soul had a definite relationship with the body, meaning that because of the soul, life was possible. In other words, Aristotle believed that because a soul needed a body, the soul was part of the mortal, and because of this, the soul could not live without the body. Thus, Aristotle concluded for life to be what it is, a soul, although it may exist on different levels seeking different spiritual paths, was key to life, and therefore, animals had to have a soul.

As mentioned just a moment ago, it was at about this same time of Aristotle, when certain religions held the position that man is superior to animals, and so only man alone had an immortal soul, but animals had a soul, but just not like that of man. As for my opinion, I would have to say our pet's soul exist, and will go to heaven. I say this because as a practicing psychic spirit medium for decades I have not only been seeing spirits but also animal spirits.

Some ask why a person would want to do this, talk with a deceased dog or cat or any other animal that has crossed over to the other side. Well, a reconnection can be especially important as it can provide an opportunity to ask questions left in the heart, and to hear what they need to tell us to have closure and find peace about what really happened and what was the true destiny of the pet soul mate. A pet psychic reading can help to provide closure helping to discover completion with what took place, and this alone can bring healing, understanding, hope, peace of mind, and true purpose about the soul. As mentioned, when you first started to read all about the pet psychic there is no question, some may find all this strange, wrongful, and again, plain nuts.

However, we must keep in mind there are psychic judges for just about any person working any trade, and especially those that science can't prove or repeat what they are doing in a laboratory. Obviously, the idea of a person who claims to talk to animals is to them, not only being unrealistic but also may be approaching a type of insanity. So, people resist and for a reason. You see, this is normal. Psychologists know this as "cognitive dissonance" that states that the mind of a person cannot hold two opposite beliefs or opinions at the same time. Thus, people will resist any new thought if it threatens what they have come to believe as true. Why? Well because it causes frustration, and to act and react to prove why what they believe in is true and usually it comes down to labeling and name calling if one side doesn't agree with the other.

Regardless, today, more than ever before, I get calls from loving pet owners all over the world who want to know more and understand what exactly is going on in the heads of their living animals, and if crossed over to the other side, then what spirit messages they have for them. Nowadays, I give about twelve pet psychic readings a day with nearly two-thirds of them done by telephone. I have given a pet psychic reading to pet owners of dogs, cats, horses, birds, snakes, turtles, rabbits, and even a pet goat.

All the messages that develop whenever I am talking to an animal takes place through a psychic skill called telepathy and includes psychic emotional intelligence. Through thoughts and images, animals talk to me saying many things, and some never stop talking giving what you might call a laundry list of demands before they change their behavior, stop chewing on the sofa, if a bird, then why it continues to be reclusive, and if a cat, why it won't any longer go in the litter box.

So, the language of animals is different from human speech in a number of ways, and this is why it sometimes can be difficult for a pet psychic to give certain information.

For example, a lost dog or cat cannot give messages saying, "Okay, this is what I did, I ran out of the yard, took a right turn on Lower Cross Road, and then went through what looked to be like a backyard leading me to a barn. Then, I jumped a fence, and now I don't know where I am. I'm lost, come and find me." Rather, animals send pictures and images, feelings, emotions, and link psychically. Their psychic expressions can include a scent and images that connect to their animal makeup and how their animal eye-camera sees and is experiencing the world around them.

One time I received a call from a show dog owner who wanted to know why suddenly Fido was acting up and acting negatively in the show ring. After just one pet psychic reading, Fido went on to win first prize. How did that happen? Well, once we understood the problem, from Fido's point of view, a remedy was created, and a positive change took place immediately.

Sadly, there are still rare moments, when after I give a pet psychic reading, neither the pet, nor the pet owner wanted to do anything. There are reasons. For example, one day while in my talking with two dogs, they told me the pet owner hired a new pet daycare service and that the pet sitter who took them out for a daily walk, was giving them strange food that made them ill, so they were no longer interested in eating. After giving these messages to the pet owner, instead of taking this news to heart and saying he would investigate the situation, the pet owner looked down at his pets and yelled, "You'll eat what is put in front of you, and you'll like it!" Imagine what the two dogs were thinking after this outburst. I know what they were thinking, and it was not good.

You see, dogs experience emotions and have brain systems like humans. Our pets also can easily read facial expressions, experience sadness and joy, and be surprised. There is a wonderful book called: *The Present: Enjoying Your Work and Life in Changing Time*, written, by Spencer Johnson, to help readers overcome the human experience of fear and worry and to deal more effectively with everyday problems and change by living more in the present. This is important to know because you see, animals don't know what the human experience of worry is all about, nor are they living because they are seeking happiness. Animals are always living in – the present.

Thus, in animal language, messages sent to a pet psychic by animals connect and make use of the human five senses, a psychic's talents and can include images and feelings to get their point crystal-clear. If a pet owner does not realize these things, there can be more down days, than up days, and good playtime days with a pet. Most important, is that we must always keep in mind that pets are psychic too. In fact, in his book, *Seven Experiments That Could Change The World*, Rupert Sheldrake carried out research experiments that gave evidence that pets are always telepathically connected to their owners, and can psychically detect the moment their owners make a decision to return home. Other researchers intensely believe animals have psi that includes extrasensory perception, precognition, and telepathy.

Perhaps, you too, have had the incredible experience, or at least heard about or read one of many stories on how pets travelled long distances, and in some cases, literally thousands of miles finding their way back home after an unexplained separation from their owners. Just like human psychic twins, some psychic pets know when their owner has suffered harm or has died, and again, even if they were not together at the

time. In fact, dogs are now doing some phenomenal jobs no modern machine can seem to achieve, including “sniffing” out illnesses that cannot yet be detected by any machine.

So, our pets know things in ways that are truly psychic, unexplainable by science, but without a doubt, work. Therefore, it is so important to understand more about the human connection with animals. For example, the only way a cat owner can understand a cat is to know everything there is to know about a cat including how they think, what food they like to eat best, what time of day they like to play, sleep and exercise. Furthermore, if one genuinely wants to understand let’s say a cat’s life, then they should take time to develop a psychic connection with the pet so they can know exactly what it is the pet wants to talk about.

In essence, your pet soul mate can tell you quite a bit and not only about its wants and needs, but about you. Would you believe it if I told you your pet soul mate can tell you if you are with Ms, or Mr. RIGHT, or Ms, or Mr., for right now? They can. Our pets can tell us when we should take a break from work and play to relish life while we are here on Earth, and that we are special, make a difference and have a purpose for living, a destiny to look forward to before we advance forward. As we move ahead in life, so do our pets.

Have you ever noticed your pet staring or barking at nothing? Well, it is not because there is nothing there, there is, and it is likely to be not only a possible cameo spirit visit from a loved one who has crossed over but also another animal in spirit. You see, just like human babies, our pets can see spirits, all the time. So, all this leads to us asking, why exactly are pets here on Earth? Secondly, why do they go into the spirit world?

Simply put, animals are born to live, die and come back repeatedly, and many times in the same body but can change their Earthly bodies. While in between lives, they enjoy a blissful experience and grow spiritually, just as humans do. Of course, animal souls are different from humans in that animals have no identity, no self, as humans do. Meaning, for humans there is only one body, one soul. Animals have a different kind of soul that tells them to do things differently from humans. For example, a dog acts like a dog, runs around and does what its instincts tell it to do and not because it is seeking happiness, or to achieve a goal, but rather for survival and spiritual growth.

Because humans hold a different level of understanding about the self, one of the spiritual growth requirements is to help guide and support animals in their spiritual journey, and for our pet soul mate to live a better life and grow in their spiritual progress. Take a moment and think of someone great that you admire, perhaps a teacher you once had, or mentor, and how much he or she gave you the help and support you needed to be the person you are today. Well, that is our job with animals. To help guide them be safe, and to train them to learn to be kind, and more.

Of course, what you get in return, regardless of how good or bad of a person someone else may think you are, and regardless of all the up days, and down days you experience and bring home to your pet, is something incredibly amazing every time you open the door –unconditional love. Our pet soul mates see us in ways no other will. Second, we must always keep in mind that our pets do something rather spectacular and better than anyone could imagine, or anything invented to date could ever even come close to doing. You see, our pets watch and observe us in special ways for a special reason.

They examine our every move, every breathe we take, every wink we make because they are on the hunt, always and not for food, but to discover ways to help us learn and experience the emotion of love. When this happens, our pet soul mate moves in fast, deeper into our heart and soul and does things, so we find ourselves sharing this deeply felt emotion with them for being in our lives, and in so doing, we also experience another rare daily state of mind – happiness.

During these private moments, a sort of heaven on Earth develops and the bond between our pets and ourselves make sense, as we come to know something we will never get from reading a book or taught at school. We learn that we are all psychically connected, and that there is a reason for you and your pet coming together, and that this spiritual link is for learning, loving, and for you to know how to be happy, you need to also learn how to be, several times daily, also just in the present. So exactly who is training whom?

Many times, I have wondered if my dog was training me, instead of me training him. In other words, we bonded, truly linked, and before you knew it, or more likely that I knew it, he was acting out in psychic ways. For example, have you ever been in such a close relationship with someone, the other person finished your sentences? Maybe you knew what they were going to say before they said it. How about when your telephone rings, and without looking at Caller ID, you somehow just knew in advance out of all the people in the world, including telemarketing people, you just knew who was calling you. Did you know at times, exactly what your human soul mate was going to cook for dinner? Okay, so perhaps you have had these and other unexplained paranormal experiences with another human.

Now, when you have a pet, you can expect similar unexplained psychic situations to take place, all the time. Sometimes you will swear your pet soul mate can read your mind and test your patience. Yet, what the lesson is all about is – patience. Think about it. Again, who is training whom?

When our pets cross over, they take a little bit of us with them, and this makes it possible for them to move ahead in their spiritual path. With each incarnation, they become more alert, and attached to humans and become more a part of the human family, to experience more lessons. Ultimately, our pets become more human, than humans are, and when this happens, they share true values of loyalty and love beyond measure.

In fact, even after our pets cross over, they are still loyal and stay with us doing the things they always did. A pet psychic reading can provide evidence of this and that an animal is still playing around you. Through clairvoyance, a psychic spirit medium can communicate with deceased loved ones crossed over to the other side, including pets. Of course, you know by now animals do not use human language, but rather communicates on other levels. Many times, a spirit animal will behave in a certain way to get its point across.

The behavior may be something it did all the time to make sure you give full acknowledgment and without doubt or reward to get your full attention. Eventually, all our pets will become human, but this does take time, a lot of time. Once this happens, there is no going back.

One final point I want to make is that our pets will reborn and return as animals, and humans as humans, and someday humans will move onto becoming spirit angels.

Of course, there are those who believe certain people will go backwards in their spiritual evolution and become an animal when they are reborn. This process is called “transmigration of the soul,” and supposedly occurs as a punishment for living a life thinking wrongful thoughts and doing bad deeds to others. In my opinion, this is highly unlikely because of the evidence we know is true about the human condition. As my oldest sister says, “You can never go home.”

We all will certainly go home to heaven someday, but even while there, we move ahead. Let me explain. The purpose of the saying is to define how humans are created in such a special way, that we are always striving to move ahead. Even if we are doing nothing, we are still doing something that relates to our future, our tomorrow. Spending time doing nothing will move us ahead to become less of whatever we are capable of becoming. That’s all there is to it.

Thus, our creator made us in a way that we cannot ever go backward. A Wiseman once said, “You can never step into a river at the same spot twice.” You see, the river with its constant flow of water replaces the water where you made your first step making it impossible to step again in the same spot. The river is changing all the time just as you are changing all the time. The person you were only a moment ago is gone. You are always remaking yourself here, just as our pets do. We live, we die, and then we return, again, and again, and in the same groups, and into the same families.

There goes my cell phone again, now showing more messages from loving pet owners from as far away as Australia, and all of them want to make contact with the spirit world, and get spirit messages from the beyond, and because they want psychic answers to psychic questions about their pets. Some scratch their head and wonder how all this is possible if I am in one place, and they are in another. Let me explain how it works, as this is a commonly asked question that comes up many times, and especially whenever I am asked to perform as a radio psychic spirit medium.

Finally, because all those in the stories given at the start of this Psychic Guide called and got their messages of love from their beloved pets in a pet psychic reading, they all were relieved, and happier. I was honored to be part of their lives to help, provide healing, and to bring closure to their personal stories, and situations.

Is it time for your private reading?

[HelloFromHeaven.com](http://HelloFromHeaven.com)

# Psychic Guide 5

## THE RADIO PSYCHIC SPIRIT MEDIUM

“I knew that God put me on this Earth to be on the radio.”

– Ed Bradley

Shssh! Do you hear the voices? I do, all the time. Like an orchestra playing, I hear the sounds of the living talking, even when they are not saying anything. I hear the voices of those in the spirit world, including the animals. There is no question, the voices are getting louder, and yet at the same time, more silent to those close enough to touch us.

You see, it is an individual thing, and being a psychic spirit medium, the talking I hear most, is that of all those around me involved in self-talk. Recently, the sounds of the self-talkers have changed. The noise of self-talkers, whether humans, or in spirit have become more like when a baby cries because of hunger, only I know it's not for food, or for water to quench a thirst, but rather for something else more important to sustain life here on Earth, and on the other side for spiritual growth.

What exactly is it making everyone do more self-talking, and many times, doing it without knowing why? What are the voices calling out for that no doctor can cure or prescribe something nor can any item bought in any store be a remedy? What the voices are calling out for would be simple for anyone to get, if only someone, anyone would just stop and listen, really listen that is, to what others are trying to say, but few do.

Not too long ago, and just like when Columbus went out to discover a new world, a small group of Wisemen in companies around the world met in boardrooms to discover what it was exactly about this strange calling out that people were now doing, to decode the source, reasons, and to understand its true meaning. After much exploration, they not only found was the origin where the silent inner voices were echoing from, but something even more amazing.

You see, just as it is common knowledge humans must have water and food to live, there is something else we all need. We need a special daily dose of spiritual energy so we can successfully live, work, and be happy. Without it, we age fast. We become depressed and experience less self-worth, and unloved. What exactly did the global leaders find out about that we are all lacking, and now like having as an addiction, and are silently demanding in the workplace, from soul mates, family, and friends, and from the places we go, and even the articles we touch?

### **Soul nourishment.**

That's right, soul nourishment. Soul nourishment is a psychic energy exchange that takes place between other people, places, and things, including angels and spirits that make human emotions come alive in special ways that cause us to have a natural high. Soul nourishment increases self-awareness so that we know we are going to be okay, and that we are wanted, needed, and truly make a difference.

Soul nourishment is energy I call, “the stuff,” that makes it possible for us to get through another day, regardless of the madness all around us. The positive psychic energy that comes to us in the form of soul nourishment converts easily into recognition, love, passion, enthusiasm, and interest for living life, achieving success, and reduces stress, hurt, pain, and helps us to discover true peace of mind and happiness.

Most people are getting little or no soul nourishment at all, and just like when we, or our loving pets don't get a daily dose of natural vitamins, minerals, and trace minerals, or enough pure drinking water, we know for a fact, somewhere along the line, we will definitely “feel,” a change. Likely, you already know what I am talking about because when you are not feeling right, your body talks. You clearly hear the voice of your body talking through its own language in the form of aches and pains. If you don't listen, then, whether you believe or not, at some point you will land in bed, on the floor, at a doctor's office, or worse, in a hospital.

Just as there are universal laws that govern the universe and how we live in it, there are laws that govern the mind, body, and spirit connection. The point is we usually know within seconds when something is not right within, or missing from our lives, and today most are missing soul nourishment in their daily diet making them feel unsatisfied. Without soul nourishment, enthusiasm, and a psychic sense of purpose for living life vanishes. That is, among other necessary vital necessities in life, many people are missing soul nourishment.

Furthermore, we now know humans cannot grow healthy without the touch of another person when we are first born, and we know we cannot live long without food and water. These are facts. What we are now learning is that we cannot live long without soul nourishment. So, what are most people doing about it? How are they getting their daily fix to survive? Well, because you cannot go to a drug store and buy soul nourishment, nor does soul nourishment come in a bottle, millions are going someplace else to get it, and it's generally in a private place.

When they get to this place, they listen to the sounds of one station, as if it were a fountain of youth for their soul, and they can drink all the soul nourishment they want, whenever they want or need to feel better so that life makes sense, and if necessary, to make any hurt, pain, and suffering, go away. Where is this place, everyone is turning? What station is it called? It is not as far, as one might think.

You see, at some point, during each day, everyone turns it on, and tunes into it that is the radio. Especially in times like the one we are going through today. Without watching any screens showing pictures and images, some with special effects to guide us, whenever we listen to the radio the most powerful force in life comes to life. Psychologists call this powerful and magnificent part of us, the imagination, and when we combine the use of this part of our mind with listening to the radio, we can generate much of the soul nourishment we need to make it through another moment in life. While listening to a certain radio station, our imagination becomes the bridge or doorway to other places, and other worlds so that, if we want to, we can travel in mind and become a dream catcher while listening.

Our life's purpose takes front stage, becomes alive, and emotionally satisfied. Yes, more than ever before, the radio is the place people go to nowadays, to listen, and dream. Dream about what life was like, how it can be, should be and will be. Most people today while listening to the radio are saying directly, or indirectly, “I am, I can, I

will.” What this means is that they are special, they can do whatever it takes to be successful and will do whatever it takes to believe that all things are possible to make their dreams a reality.

The radio can provoke a quick cure for loneliness and is tremendously healing. In fact, radio is one of the best places a psychic spirit medium can perform and deliver messages from the beyond for healing purposes. One question that seems to pop up numerous times whenever I am on the radio performing spirit and psychic readings is, “How is it possible to give a psychic reading if the person you are talking to is in one place, and you are in another place miles away?”

### **The answer is simple.**

I can “see” you, through psychic remote viewing, no matter where you are in the world, and this includes those who have crossed over to the other side. With your permission while using a psychic mindset, I move through time and space, and tap into a universal energy for spirit, psychic reading, and healing purposes. You may not perceive any sensations during the spirit, and psychic healing process, but you can be sure the delivery of the positive healing energy reached you. Let me give you a few examples of how spirit, and psychic healing works, even if I am in one place, and you are in another.

Keep in mind regardless of the distance, a psychic spirit reading, and healing can be successful. In past life, my mother was in the hospital, and scheduled for surgery. I decided to put psychic spirit and healing energy abilities to the test. Using my psychic mind that night I travelled to her side, and continually scanned her body from head to toe using my hands moving them one way, and then back again, repeating the process, and praying. I never told her, or anyone else, but I will never forget when she came home the next day telling a story about how the doctor came into her room to make a final decision on whether to proceed with the surgery, and after walking in, he saw her sitting up in bed eating breakfast feeling fine. There was no longer any pain. The doctor was stunned. The doctor decided to give her, on the spot, a complete examination, and finally came to only one conclusion, “It’s a miracle,” he said, “You can go home.”

Another time, while in private practice at a medical building in Quincy, Massachusetts, a young woman called my office from New York. She had heard about me through friends and wanted my help for a strange reason. I clearly remember it was the month of June. You see, she told me she was scheduled to have surgery the following September. The woman told me she had X-rays showing multiple tumors in her right breast at about 2 o’clock.

After getting this news from her, I asked why she called me and that I only practiced positive mind dynamics, nutrition, and spiritual life coaching. Her response took me by surprise because at the time, I never let on what spiritual and psychic talents I had and worked only within the medical model. If anyone even suspected I was psychic, I would change the subject, fast. She said, “I want you to help me get rid of them, all of them, the tumors. I am scheduled for surgery to take them out in September, but I just know if you agree to help me, I can get rid of them.” Quickly, I thought, this is not a case for me, and besides, she lives in New York, I live in Massachusetts. “How will we do this?” I asked the client. Her response was, “Well, by

telephone.” Now, I thought, all this was getting a bit ridiculous. Still, no matter what I said she insisted that I was the only one that could truly help her do this. Eventually I agreed, but with many messages about how the idea may lead to negative results. Regardless, again, no matter what I said, she made it clear that in her mind, she knew this would all work out positively if I helped her and that we should at least try. During the next twelve weeks, we came together and focused on her body healing, and being the way, it should be without tumors.

In addition, several times a day, I would conduct healing meditations, and while doing this, through time and space, I travelled to this person to deliver positive healing energy at the site. At the same time, I silently spoke specific prayers for healing. I would say that I enjoyed our work together, and when the time came, she told me she still intended to go in to have her surgery. Who would believe what happened next?

Just prior to performing the surgery, her doctor had new x-rays done. The results confirmed no tumors, not one was any longer visible. The doctor studied the new x-rays more closely, and again said, “They’re gone!” He went over to her side, and said, “You can go home.” Just before leaving the hospital, she called to give me the good news. “We did it! They’re gone, all gone, all of them.” A week later, she wrote a letter about our history together, and the successful outcome. I still have it today. Almost six years later this same woman called again, just to say she was doing fine and still feeling wonderful practicing the positive mind dynamic techniques, I taught her. Although I practice daily positive mind dynamics, I am still human, and wonder whether this would still work today. My psychic sense tells me it would, but only under the right conditions and circumstances, which are many. Still, even under all the right conditions, I know I would play only one part in the healing connection progress, if any takes place. The real healing power is always within the true healer, the person wanting the healing.

Now, of all these experiences took place with me being in one place, and the other person being in another. The same psychic process can take place on the radio. Whenever I am on the radio, the psychic energy I use is not limited by time and space. Let’s see if I can explain this even better. Right now, you can tell where you are. If you are on a plane, train, or bus, then you are not in your car driving. You know this to be a fact and not something to debate. If you are in your living room, outside sitting on a bench, sitting in your car, then you are not in your kitchen, or bedroom. Your brain knows where you are. You are in one place. Your physical self is never in two places at the same time.

You know if you are in one place, and whether another person you know is in another place. In fact, you would say with confidence, “I am here, and he or she is over there. We are definitely in two different places, and not touching one another.” Now, the mind of a psychic spirit medium works differently, and “sees” differently. In fact, a psychic spirit medium sees all things making contact with one another, all the time.

To a psychic spirit medium, there is no time and space, no distance between people, places, and things. Imagine looking into a pool of water at nighttime, and seeing the reflection of the entire night sky, including the moon, and stars. Now, imagine every person in possession of a psychic energy pool within and that this psychic energy transcends time and space. As a psychic spirit medium, I always see this part of people, places, and things, the reflections of your past, present, and future no matter how close, or far away, you may be from me. Therefore, whenever I am on the radio, and ready to

give a spirit or psychic reading, all that is generally needed is your presence, the sound of your voice and instantly, you are as close as if you were sitting right beside me. When this takes place, psychic healing energy can transfer to humans and to animals as well.

While on a New Hampshire radio station this morning, I was in Fort Myers, Florida, and a woman called in from the state of Maine, and asked, "Does my grandfather try to contact me?" I said, "With your permission, as I move through time and space to be near your side, to read your energy, and to see if any spirits are around you, I do not see any male spirit, or hear any messages coming through from a male spirit. However, I do see a female spirit, she is standing on your right side, and not directly at your side, but a step behind you and therefore this cannot be your mother, but rather a grandmother, on your mother's side of the family.

Her response immediately was, "Oh yes, even my mother has gone to a psychic and she told her that her mother was always around me. She tries to heal me whenever I am ill, and when I was younger, I had bad migraines, and I always felt she was around me and when I did, they went away. Also, my mother was told that her mom was always helping to take care of me. My grandmother died less than a week after I was born. I feel so much better now after talking to you. You made my day. Thank you."

The positive psychic healing work I do, does not involve spells. Instead, it only consists of the transfer of positive psychic healing energy but also psychic wisdom so that one can become self-empowered to continue the healing process after a reading. To help one to better prepare for a radio psychic spirit reading, or for healing purposes, it is highly recommended to call only when you have a clear mind, and again have no expectations. If the request is for a radio psychic healing only, then, and only then should one have a clear mental picture in mind of the person, or animal so everyone can focus where to direct the positive psychic healing energy.

What is also important to understand during a radio psychic healing is that we must remember it is not always about getting better. We all have our lifetime spans. Sometimes an illness is about learning to surrender, and when the time comes, to go in peace and tranquility. Radio distance psychic spirit healing energy can help you surrender with peace. When approaching the chance of dying, the loving presence of spirit, including spirit messages from loved ones who have crossed over to the other side can enhance the peace and joy of surrendering the physical vehicle. What more can we ask for than to live well, and then when our time comes, to die in peace.

So, what makes getting a spirit, psychic reading or getting a healing spiritual message on the radio exciting? Well, first, it will be free. Secondly, you just may get lucky, and when you call in someone will answer. Generally, the phone lines light up as if it were the holiday season whenever I am on the air. I have had many people tell me they tried desperately for years to contact me on the radio when I am on certain stations. I know why they kept trying. They needed soul nourishment. They still do.

People's lives today are in such chaos, and there never seems to be a way, other than to keep going, or at least try to keep going, and going like that energetic bunny we sometimes see on television. Fortunately, for most of us, it's not too late to discover how to get more soul nourishment. Just by turning on the radio and listening can be helpful but not as much as when a radio star personality has on a guest psychic spirit medium.

Sure, the daily news is great, but most of it is not much different from the news going on inside most people's heads.

What this means is that there is a lot of negative thinking going on, and much of it isn't yours, but somehow the thoughts of others, like weeds pushing aside your way of thinking, and these negative thoughts continues to grow, and eventually destroys the rest of your garden of Eden, your dreams, your personal and business goals, your life. To stop all this crazy way of thinking is to get some help, and one of the best places to go is the radio. Turning on and tuning into a specific radio station can be so important for your blood pressure.

In fact, research shows that listening to music on the radio while performing special breathing techniques for 30 minutes daily can significantly reduce change in your mood and help lower blood pressure. You can make all your blood cells, what I call, "dancing cells," just by listening to the radio for twenty minutes daily. The radio is the place where you can discover many spiritual stars to choose from to help guide you to get your daily dose of soul nourishment.

Everyone needs a mentor. We all need someone to help us to achieve life goals. Even Einstein looked to certain people of all ages for ideas and inspiration. Ultimately, Einstein got his daily dose of soul nourishment from his guiding star, Sir Isaac Newton. Of course, if you ever get a chance to speak directly with a psychic spirit medium on the radio, it will be unlike any other person you ever spoke to before, and the personal experience of receiving the transfer of psychic energy can be priceless.

Today, you can first go to my website at <http://www.hellofromheaven.com>, and check out to see if I am currently scheduled to be on a radio station near you. Regardless, if the radio station I am scheduled to be on is not in your state or city, then you can always go on the Internet, and directly connect to the station. The more progressive radio stations that understand customer service will have, as a part of their business model, their station online. Remember, you will then also be able to call in for a spirit or psychic reading when the time is right.

Many times, whenever I was patched in on a radio station in another state, I have had people call me as far away as Hawaii, Canada, Australia, and other countries. If I am unavailable or on tour then the next place you can search and find a good psychic spirit medium on the radio is on the Internet, by typing into your favorite web browser, radio psychics, you will see there will be a good chance of making a good connection. I just did it, and 1,030,000 links appeared. Obviously, you won't be alone.

As you will discover, millions of others have already discovered the power of radio in their lives, as something vital to keep their life worth living and to get soul nourishment. With little risk, you too can "see" more than by any other means just by making the little box, the radio, your secret door, or entry point to fulfilling your needs of soul nourishment.

Like the book, *The Little Engine that Could*, the little radio box does, something special. Through streaming programming and interactivity, listening becomes loving, and healing, and the activity provides what I call, "The Right Stuff," the pure psychic energy of soul nourishment the world over needs to live life with spirit. Radio is the place, people are going to fortify their soul, and by doing it, they discover an experience of higher level of excellence in health that moves their spirit to show expressiveness of love, laughter, and makes them feel complete and alive.

Finally, here is some radio trivia. What do people do whenever they think the world is ending? They turn on and listen to the radio. What song has been played the most times on the radio? Answer: *"You've Lost that Lovin' Feelin"* by the Righteous Brothers. It has been played more than eight million times. Yes, its soul nourishment everyone wants, and most get it today while driving in a car, listening to a radio. Of course, by listening to the radio, we become more of our own spirit master for moving any spirit or psychic reading from good to great.

This we will learn about next.

Is it time for your private reading?

[HelloFromHeaven.com](http://HelloFromHeaven.com)

## **SECTION THREE**

### ***Become a Super Spirit Star***

# Psychic Guide 6

## SPIRIT DREAMS

“Our truest life is when we are in dreams awake.”

– Henry David Thoreau

Some things are true, whether you believe in them or not. For example, something special happens to your entire being whenever you fall asleep. In fact, the situational activity takes place twenty-eight to forty-two times weekly. That means there is a higher-than-average chance it will happen to you more than two thousand times yearly.

Yes, it also happens to everyone else you know, including pet soul mates, so you are not alone. However, dogs, and cats experience the phenomenon twice as many times daily as we do, and with younger puppies and kittens even more so. When it happens to humans, no one is immune to the realness, revelations, and emotional intelligence that unfolds when the mind, body, and spirit merge making itself one vehicle to travel through time and space, to explore, change, heal, and to meet and greet with spirit guides, and loved ones who have crossed over to the other side.

During an entire lifetime, some may not give it much thought, or maybe even you are unaware of the activity going on, and whether you remember it or not, but for the fact you are human, you do it, otherwise, you would die, at least in the form of the person you are right now. Exactly what is so vital to life and living that we must do or die?

### **You Dream.**

When you are asleep, or in a similar state such as hypnosis, self-hypnosis or a deep meditation, the conscious mind is subdued, set aside and all people, places, and things are out of sight and out of mind, you travel to a special spiritual place called the veil.

The veil is a narrow winding rainbow pathway where the physical and spiritual realms connect and many times without setting an appointment, the spot where you make contact with the spirit world and communicate with your angels, spirit guides, and loved ones, including your beloved pets.

In HD television format, vivid appearances by deceased loved ones greet you with open arms and smartly link their messages of love to you with past, present and future events, so when you awaken, you will be able to validate and confirm them and may even come to believe the experience was real and not a dream.

In fact, if you do, the dreaming spirit experience is so real no one on Earth will ever be able to convince you otherwise. Your life changes dramatically on many levels and you immediately start to live life differently with a natural high, as nothing can persuade you from what you now know through experience and have come to believe in your heart and soul what you saw was too real to have been a dream.

After just one dreaming spirit experience, most report developing a feeling of wonderment and heavenly bliss. One more thing, a new belief develops, if it were not already a part of your life, and it has to do with death and dying. You will no longer believe when we die, that's it. You begin to realize that there is no such thing as the end. Those who get to experience dreaming spirits, instantly give more significance to life and not only just with the here and now, as this will show in a person's personality, but also as it relates to who they think they will become in the future, and into the beyond, the afterlife.

Occasionally, those dreaming spirits want to talk about it with someone in a private and safe environment but wonder who will listen with an open mind without thinking, they are under too much stress, perhaps moving through hurt and active grief, taking too much medicine, or plain nuts. If you or someone you know has had such an experience, trust that you are not alone, that they are not alone, and that not a day goes by, when someone, in some place tells their story about how while sleeping, an entirely new dimension appeared, leading them to dreaming and having spirit encounters that literally changed their life.

Every day, at least one person writes to me requesting a psychic spirit dream analysis about a person, or beloved pet that includes a spirit contact while dreaming. In most of the cases, the spirit is a spouse, sibling, or close relative. Many of the requests are by people who do not believe in the work I do when performing as a psychic spirit medium, and yet, because of the powerful influence of the dream, they are somehow guided to me for answers.

Prior to those writing to me, on occasion, the spirit they dreamed about makes a visit to me and gives details about how I will soon be getting a message from you for further clarification purposes. The messages given are simple and straightforward and include letting the curious and confused know that their loved ones are okay, or just want to say one last time, "I love you."

For others, their dreaming spirit waits and then arrives in a psychic spirit dream analysis reading only to restate the same messages of love given in the dream. Spirits also tell me to deliver certain messages of how proud they are of the person, or that they should go ahead with plans to buy the new house, open a business, go back to school, and for many good reasons that they give their full blessings to fall in love, and get married.

Many times, they give me messages to deliver to a special person letting them know they did attend the wedding, was there when a child was born, made certain situations take place to make it so survival of an accident was more likely, that a lost pet soul mate arrived back home safely, and many other messages of love. In just about every psychic spirit dream analysis reading, there is not only a positive outcome, but also a tremendous sigh of relief for several reasons.

First, because the person dreaming spirits could talk and share with someone else about what happen, and second, to hear another person's voice say they are not going crazy means a lot. To hear that these types of dreams are normal and that people of all cultures around the world for centuries have had similar dreams is comforting.

What is not as easy to do is to convince those who call me wanting to know why only minutes after they go to bed and with their eyes open that they can "feel," the presence and pressure of their husband's or wife's body next to them, and sometimes

see their spirit, and hear their voices, or experience their touch. These people claim they are not asleep.

First, I say, "Welcome to my world." Next, I get more specific because unlike those who have a spirit encounter with a deceased person in a dream, these individuals see, hear, and feel the spirit of someone close to them that is not dead. In other words, the person they see, hear, and feel in spirit may be away on a trip, in another place for the moment or could be lying right next to them. How is this possible?

Well, it is because all energy is connected. This is precisely the reason whenever I give a psychic spirit reading, I always state the energy of those not only on the other side can come into a reading, but also those of living. Yes, there are many variations of how this paranormal activity can happen, however, we will only touch upon a few here, and particularly those that can make you easily confused about what is going on when you are sleeping, or not. Now, regarding those individuals seeing, hearing, and feeling the energy of those who are still living, living spirits, may at will travel to the veil during a daydream or by thought alone move through the astral plane to safely with their spirit dream guide. Alternatively, they could be involved in a lucid dreaming state, where again their spirit dream guide takes them to the veil for intuition and healing purposes.

These individuals do this without the emotion of fear, while others need to experience the process in a deeper sleep state because of their state of mind, and level of spiritual growth, and emotional intelligence as they relate to dealing with other realities and the unknown. The point is, I don't believe every time a person sees a spirit, they are dreaming. I certainly am not sleeping when I do. More times than not, I see spirits when I am wide-awake.

In fact, I see them wherever I go, no matter what I am doing, as they follow people around helping them to think, say and do the right things. However, I know all too well because of certain human emotions, spirits will control and design when they make a special visit with loved ones. Spirits know you, and if they make a visit in a dream rather than when you are awake, they know they will be better welcomed in dreams. Spirits of loved ones who have crossed over to the other side certainly don't want to frighten or scare you. Nor do they want to make you cry, feel hurt, sad, or make you think you are losing it.

In other words, a spirit knows if while you were driving, you glanced in your rearview mirror and you saw them sitting in the backseat of your car, and they reached over to touch you saying, "Hello," there is a good chance you will drive off the road. More important, spirits know whether you are more apt to better understand and remember any special message they give, as we can sometimes be forgetful about certain things in life. The point is spirits know the best place to come and meet with you, and with most, the safest place is in your dreams. This way, if possible, you can easily talk about it with family and friends, by saying, "I had a dream last night." Everyone knows with that opening statement, regardless of what you say, the summary can always turn out to be, "Yeah, but it was just a dream." However, was it?

Honestly, I don't believe it. Whenever one starts to tell me about their dream, and it includes a spirit guide, deceased loved one, or beloved pet crossed over to the other side, I know better, and that the connection was real. Convincing a person one way or another is not something I generally do, because down deep, I can psychically sense the other person already feels strongly that it wasn't a dream and is simply trying to

share their excitement about the strangeness of the new experience. So, what do I do? I listen.

I listen knowing exactly what they are trying to do and am so glad to be available because by telling their story to someone else, gives them a type of spiritual release, hope, and knowing that makes a difference. Additionally, by being able to share their story, they come to know they too are important and loved.

I honestly believe there should be a weekly radio or television show where people can simply call in and talk in the privacy of their own home about their personal spirit encounters. The process would many to feel better about living and move ahead. Instead, any talk about this strangeness of dreaming spirits takes place sparingly, selectively, and done only in a type of underground forum because of fear of ridicule, oppression, and possible sly remarks of perhaps dabbling too much in a type of drink, food, drugs, or alternative science.

Many try to help those who believe the experience of dreaming spirits was real and not a dream. Like a crime scene investigator, for example, one of the first things he or she does is moves through an analysis of the person's life and living environment in hopes to discover common answers for the supposedly uncommon mental activity. Sometimes, a person takes a daily life examination report, especially in cases when a person recently lost a loved one, as grief is more of an individual "feeling," than "thinking" process, and therefore can last for years bringing on many different mind, body, and spirit activity.

To help those in need to find answers, whenever I give psychic lectures and readings and notice someone may be moving through a grieving process, or if a person reports dreaming spirits, or is having a recurring dream of a specific spirit, or even sees spirits of those still alive, I tell them to ask them questions. One of the best ways to start is to keep a dream journal and write out as much detail as possible what takes place in the dreams, or spirit encounter experiences. Be as specific as possible, name and describe the spirit, or spirits, and exactly what they have to say. This can be especially helpful to your future life, if it is your spirit guide making house calls. More important, your spirit guide can be a loved one who has crossed over to the other side. However, they usually don't stay around for long. A loved one who has crossed over to the other side and has taken on the task of being your spirit guide generally do so when there is a medical condition, an emergency, and many times, just at the right time when you need a little bit of luck in your life.

By the way, what is important to know is that just prior to being reborn, we select who our guardian angels, and spirit guides will be. Our spirit guides can include loved one who have crossed over to the other side, and from what I have found in many psychic spirit readings, spirit guides can be distant relatives, including those in past lives, light sources, beloved pets, angels, and even nature spirits. Nature spirit are souls and spirits in natural things and places including plants, rocks, natural phenomena such as thunder, the mountains, or rivers. The major reason angels and spirit guides come and stand by us is to protect us, not to specifically "guide" us, but more to raise our awareness of all things possible, and for self-improvement purposes, including spiritual growth. Regardless of the work our spirit guides provide, we always have the power of choice, and free to think and decide to do anything we want.

However, there are special times when we get a “gut” feeling, about something, and when we do, we can be sure it is our spirit guide, who is giving us a nudge, to get going on something, to move in another direction, to save us, or make so we are in the right place, at the right time. There is no doubt you would agree on many occasions you just do something without thinking, or knowing why, and sometimes even thank a higher power for doing so because of the positive outcome.

Again, most likely, the intelligence to make that right choice was because you had an angel, or spirit guide standing next to you, giving you the insight, or higher awareness to make the choice. It all happens so fast, you cannot even recall thinking about it, but you did, intuitively, and in most cases, while others may holler out, “You lucky angel,” you move through only feelings that come with acting in unexplained ways.

Most of us love it when this happens, and like magic, the situation automatically creates a smile because we just know down deep something joyful just took place, and that we were part of the reason for it but cannot explain it if we wanted. You can be sure your guardian angel, spirit guide, or loved one who is acting as your spirit guide is smiling too. I would even go so far as to bet at times you then wonder about this for days after when it happens to you because on occasion, you also get the feeling you never seem to be alone. You aren’t. You are never alone.

In fact, on special spiritual levels, we connect to all other people, places, and things, this includes all our thinking, and why sometimes when we need help in making the right choice to stay green and growing, we get it, instantly, including the new energy to perform. Some call the extra energy part their second wind. For some, all that matters most to them is getting from one point to another successfully.

They don’t want to get into any rhyme or reason as to why and may even say they don’t care about anyone or about anything else except to win at whatever they are doing. However, when we fully grasp the knowledge and understanding of this psychic connectivity to all other people, places, and things, we experience a higher level of living and achievement, because we can meet more easily at the place called, the veil.

When we do, we experience spirit encounters and messages of love, and guidance that creates future visions, revelations, hunches, hope, and inspiration that no class or other reality can prepare one for so you can confidently make the right choice to go through a self-discovery process unlike any other leading toward higher levels of enlightenment, awareness, and just being you. There are people who already know all this is possible.

Others receive messages from a spirit guide to go and learn more so they can experience the difference between the mind states when sleeping and dreaming spirits from those who see and hear spirits in a lucid dream, or while in a calm, serene, yet hyperactive-awaken state with eyes wide open. Many spirit guides guide these soul-searchers to me for help.

Therefore, I still get calls all the time to teach those who have come this far in their spiritual growth to achieve this new lesson of positive mind dynamics, by teaching them self-hypnosis, while in hypnosis, to ensure a deepening of their emotional intelligence, and to encourage and enhance positive self-control for spiritual self-development reasons. Learning positive mind dynamics through hypnosis is one of the fastest ways to understand the territorial dimensions of the veil. By becoming familiar with this serene rainbow pathway, like getting to know anything else, once you feel

comfortable in its surroundings you prepare yourself for the unexpected, unexplained, as there is always a great deal of activity taking place.

To get a glimpse of just a fraction of all the thrilling memorable gifts, and to help cultivate and work in this area with your mind, body, and spirit, is to grow inner wisdom at enormous speeds. Just getting used to this place can take some time but is achievable by all who are seriously interested in the tremendous opportunities it has to offer to those willing to learn.

Once the time, thought, and effort is noticed by other energies, including your angels, spirit guides, and loved ones who have crossed over to the other side, they come to the place more regularly to meet and greet you with open arms knowing you will not hurt, or have feelings of sadness, but only show emotions of joy and happiness. Here you meet with kind strangers, including those who will want to form a mastermind group to achieve certain life goals. The best part is that you include whomever you want.

In fact, some of the greatest thinkers of all times meet with those of not only the living to help guide them to success but also with those on the other side to help bring about personal and business goals to grow and become richer. Many times, I have conversations with some of the greatest minds of our times to help me solve certain personal and financial problems. I regularly have mastermind sessions with Abraham Lincoln, Aristotle, Benjamin Franklin, Einstein, Sir Isaac Newton, Moses, Napoleon Hill, Socrates, Plato, Charlie Chaplin, and a host of others including my mother, father, and I sometimes even play with crossed over pet soul mates during spiritual journeys. You can too.

The point is you rule, at the veil. What you say you want most, is what you get. All I can say is that there is much wisdom to be had there at the veil, and a great deal of the knowledge is still not in books or will be soon experienced in a class.

It takes teamwork, an open-mind, and a willingness to participate at higher levels of "knowing." Therefore, some people can create new inventions, medicines, and new healthcare services taking place every day. The super intelligence and transfer of knowledge you get in just fifteen minutes being with an angel, spirit guide, or Wiseman at the veil is equivalent to reading 10,000 thousand books.

Think about it, no book or class can teach the intelligence that tells you when you are hungry or thirsty or what to do to make your bones grow strong and healthy. These things happen because of a higher sense, other than your five senses, or sixth sense. No book or class will guarantee you relationship skills, or inside secrets on how to think and attract another to fall in love, and what to do to keep your soul mate. These human relationship skills are again, a part of inner wisdom and a knowing of your fate.

No book or class can show you the perfect money-making plan. Only the basic laws of success based on science combined with intuition can do this. Thus, for these reasons and more we must dream to allow our life to become a part of the teamwork always going on around us, in the living, and with those on the other side who want to help us nurture us in the best ways possible to think and know things.

So, we all have spirit encounters while dreaming, whether we remember or not, and for some, it happens while daydreaming, or in a lucid dream state such as those developed through hypnosis, leading to seeing spirits on demand while still awake and

with eyes open. One way or another, we all make trips to the veil for more information, assurance, guidance, and confirmation that we are on the right path.

Again, I know of no better way to achieve more knowledge of this place other than to learn self-hypnosis, while in hypnosis. Alternatives to achieve maximum results in getting to and from the veil at will include yoga, NLP, and meditation. However, if your true intention is to meet and greet with angels, spirit guides, and loved ones who have crossed over to the other side, the best way is to learn self-hypnosis, while in hypnosis. In less than three weeks times, you could be on your way from dreaming spirits, to lucid dreaming, to going without fear to the veil for daily powwows, with your favorite loved ones, mastermind group, and with those who have time for you, and others you select to help you advance in all the important areas of your life.

For those seriously interested in dream control, learning how to wake up in your dreams, and more, check out all my educational self-improvement hypnosis, self-hypnosis, and life coaching programs online at [robertallenfahey.com](http://robertallenfahey.com). The choice, if this is important to you, will always be yours. However, there comes a time when the voice of the soul speaks loudly, and regardless of all other work set, you ponder about life before moving ahead. When this happens, despite one's beliefs, a para-mental activity leads to dreams, in particular dreams of hope, love, and success. In essence, dreams that help us become masters of our spirit, and stars to the spirit world. This then makes us wonder more about life, the afterlife, and leads us to question what heaven will be really like.

Is it time for your private reading?

[HelloFromHeaven.com](http://HelloFromHeaven.com)

# Psychic Guide 7

## WHAT WILL HEAVEN BE LIKE

"I wish Heaven had a phone, so I could hear your voice today.  
 Then, you came to me in a daydream, and in a real dream  
 last night too. You said you were okay, and I could see  
 that this was true. You are alive, but I am still blue.  
 Then, you touched my face saying, "I love you."  
 I don't feel so alone now, knowing you are free.  
 You told me don't worry, to always believe.  
 What I remember most is your final say was  
 eternally, you will always be just a thought away.

– Rev. Dr. Robert Fahey, Ph.D.

To define what heaven will be like for you is easy. All you have to do is state how your imagination works, and this will give clues to its gift to express itself at that most precious moment when you unwrap yourself from your physical body and fly away over the rainbow and into the spirit world. If this explanation is not fitting, then perhaps you will find it fascinating to hear what others who have crossed over to the other side have to say about heaven.

Since, I am still part of the living and cannot tell you from personal experience what it is like to cross over and move into heaven, I can at least tell you what angels, spirit guides and other spirits have told me to tell others whenever they wanted to know more about what heaven will be like when they arrive.

I can at least do this for you because unlike most children with parents, and siblings who took good care of them and made sure they were safe, my childhood education included angels, spirit guides, and other spirits who worked and lived in heaven. In fact, I honestly feel I was reared by not only my family but also by a special interest group of spirits who continue to guide my life and my work to this day.

Keep in mind as you read the following depictions of heaven given by angels, spirits guides, and other spirits that we appear to create a world of our own making when we go to heaven just as we have the power of choice to do here on Earth. Like on Earth, in heaven, any one person, place, or thing is just a thought away. The only difference is that on Earth, we need to deal with so much more to make whatever visible. What we say we want most, regardless of whether the thought in mind is about constructing a building, moving from one place to another, writing a book, achieving better health, more wealth, success, love, or about anything else. We all know even building relationships can take time, lots of time and that no one ever "falls in love." Rather, we "grow in love," and this can only happen if we know certain secrets about the human condition that will make love long lasting, eternal, and forever.

So, on Earth where everything takes time, in heaven time doesn't exist. Now, not to confuse you, but time really doesn't exist here on Earth either, we just think it does. Because we think time does exist, we use time, all the time. You see, time is manmade,

dreamed up long ago by man, and it then became part of life, and so you work with time whenever you think about doing anything.

In other words, you believe in the idea of time, and so it exists, but it really doesn't. You might have the same belief about electricity. Honestly, no scientist on Earth can tell you exactly what electricity is, but we sure know what it does, and how to use it. We turn on lights, heat or cool our homes, cook food, start our cars, and so much more because of electricity. The point is we are all still moving through lessons of life here on Earth still a mystery to us, and as we grow, and one day move from Earth into heaven we will do so with what we think is true. In essence, we will take with us our love, memories, and beliefs, and even though there will be certain things in this lifetime that we experienced, and think are true, it doesn't mean they are true, or will even apply in heaven, especially if they are not true.

For example, do you believe the sun comes up in the morning and sets at night? Well, that isn't true. No such event ever took place. The sun does not come up and go down anywhere. The reason we believe this happens is because the Earth is always moving counterclockwise as it rotates on its axis, and as it revolves around the sun, the sun appears to rise in the morning, and goes down in the evening. Therefore, by the looks of things, you would certainly think the sun moves upward and downward every day, but it doesn't.

My point for saying all this is because what we think is true will to a certain degree influence, what our heaven will be like when we arrive. Now here is the good news. In heaven, all that we do think about, whether it is about people, places, or things will turn up faster than when the woman on TV, who is in bed uses a device to turn off table lamps by simply clapping her hands just before going to sleep.

What is important to note here is that just as it is important what you think about all day long in the here and now, this will be even more vital when you go to heaven. If you think about ice cream here on Earth, and want some, then you have to physically go and get it. However, in heaven, the ice cream will instantly appear. This will be true of anything else you can think. You want something, anything at all, you just think of it, and it appears.

Additionally, before we go on, I want to note here that whether you at present believe in heaven or not, just by thinking about the idea of a heaven can be a first step in helping you to experience a little bit of heaven in your life. What does this mean?

It means that by just thinking about heaven, you automatically connect to higher levels of knowing, and attract more understanding of what it will be like. You may ask why this happens. The answer is because of the laws of energy and attraction, and according to those in the spirit world, these laws appear to not only apply on Earth but also work in heaven. The reason this works so well is because there is a tremendous amount of pure positive energy connected to all those who practice belief dynamics, and like attracts like, a simple equation based on science related to positive mind dynamics in action here on Earth.

Therefore, it does not take long for even non-believers, if you are one, to figure out fast that the power of belief in whatever you think about makes things grow or work faster, especially when you are with those who hold similar thoughts, or when like-minded people are planning future events. Practicing belief in any idea, including that there is a heaven has very real effects.

Imagine planting a seed in the ground, and now think inside of the seed is a belief you have about something. This can be about any person, place, or thing. The seed will grow, and you will soon have even more proof about that which you do not believe in. The same is true whether the belief you hold is true or not. By just thinking about something, and deciding on it, gives your mind the power to manifest what you want most to experience. Belief in something first brings an idea you mostly want to experience into awareness, and then, this way of thinking becomes a part of your being, your inner world. Discovery and self-choice are a vital part of the transformational process. All this might sound a little mysterious, but let's now hear what those in spirit have to say.

According to many spirits, what you will see and experience in heaven will be an exact copy of a special world that you can imagine. Many spirits have told me if you believe in nothing, or live a life filled with negativity, skepticism, immoralities, lies, and injustice, then your life in heaven will start with a mirror reflection of these things, or worst. You may start living in a soundproof room of darkness until your essence naturally seeks out and sees a light from a higher power that enables your soul to grow to higher levels of knowing. Your soul will have no say, and no power of choice but on its own terms literally transform from expressions of doubt, fear, and non-giving. It will transform to joy, peace, and giving, from non-caring, to caring, and ultimately from being a source of unlovable spirit, to being lovable. In essence, you move from being soulless, to achieving soul. If you live with good thoughts, are moral, honest, and kind, and believe in a heaven, and that there is life after life, then this is what you will discover and experience.

Those who believe in a heaven will first enjoy only certain levels of heavenly things, including a chance to encounter and interpret heaven's highest living elements. For certain loved ones who have crossed over to the other side, they will immediately sense a new world that is quite different from any other known including all those in past lives. Regardless of your level of schooling, beliefs, choice of diet, what you look like, personality, or connectivity to the spiritual realm, when you cross over to the other side, you will instantly experience a new world where there are no planets, no sea, no need for water, or food, unless you want food for pure pleasure.

You will also find yourself in a new body that will not only have no need for food or water but also no need to keep warm because temperatures will no longer have power over you in anyway. In other words, while in heaven, there will be no hot or cold, no dryness, no wetness, and so you will never again hear anything about the weather. Your new body will be able to travel to any place at any time, including through solid objects, walls, locked doors, and will be able to appear and disappear at will.

There will be no marriage or relationships, as we know it. There will be no crying, hurt, jealousy, gossip, or pain. There will never be a power shortage, sleepless nights, bills, sickness, cancers, divorces, Earthquakes, complaints, hate, doubt, fear, or crime. There is no money in heaven, so you will never hear any complaining about financial woes, or about someone spending too much, or too little on something. There will be no bank accounts, credit cards, foreclosures, or anything relating to money. Imagine a place with no money, none whatsoever. Can you do this?

If you do not like your name, then get ready to be an even happier camper because according to the spirits, when you go to heaven, you get a new name along

with new clothing that automatically sends out messages of love, and goodness, and that you are one of integrity. Somehow, your clothes also communicate, like waves coming into the shoreline and when the messages reach the person you are talking too, the sounds of each word are miraculously soothing, angelical like, and healing. In heaven, we will meet and greet with not only all loved ones who have crossed over to the other side before us, including our pet soul mates but also everyone else in heaven.

All mental and physical problems vanish in the new body. The new improved you will come to life in perfect form. This is not to say everything about you goes away, as the love, some parts of your personality, including those attached to your old name, and the good within you stays, but all problems, worries, fear, doubts, whatever they may be now are removed and replaced, and from what I hear, many times new improved features are added. What you can count on when you go to heaven is an ongoing of celebration, ongoing righteousness, peace, and work.

Yes, even in heaven there will be work you to be done but only the kind you will love, worship, and get blessings for doing. In fact, regarding your soul's work, and needed lessons of life you had to experience on Earth, once you enter heaven, you will pick up right where you left off once you cross over to the other side. This is a major reason suicide is not a good idea.

If you think by killing yourself, you remove yourself from all your life's troubles, think again. The spirits tell me, when you die here on Earth, you pick up right where you left off here in this lifetime to complete unfinished business. The only difference is that it can take a great deal of effort to complete something you should have done on this side than to do it on the other side, to advance in your spiritual growth. Now you know one of the major reasons so many spirits ask for my help.

Spirits make contact with the living all the time to get unfinished business out of the way, and so they can progress and spiritually grow on the other side. However, I am just one person, and need to do my own life's work. Nevertheless, spirits try their best to reach out to whoever will listen, and sometimes, if necessary, through a haunting. However, what is common to all spirits that I have encountered is that whatever they do, they do it with love.

Many times, signs and messages are to say they are okay, and still around, spirits make a home within a home of their mates, partners, children, and grandchildren just so they can also watch over them while they continue to get a better understanding of their new lives. When they do this, they can do all the things they did while they were living on Earth. They can work out in the yard, garage, on things that seem important to them, and yet still make visits to others across the world in less than a second, just by thinking about them.

In fact, the movement from one place to another is so quick that two or more people in the same family can have the same feeling of the spirit's presence, or sometimes smell the cologne of a deceased loved one on the same day, and at the same exact time of day. What exactly am I saying? I am saying that our loved ones including pet soul mates can and usually hang around us for a while, and while doing so discover more ways than one to get our attention. To them, living with us for a time, is like living in heaven.

They love us that much they are willing to spend what we would consider a long time with us, and many times giving us guidance through some of what we would

consider the worst moments in our lives. Like angels, they can sometimes help heal us, get us back on track when lost, sleep better, and can move us through what may seem like incredibly difficult situations.

Spirits can also play with us, especially through technology, by changing TV channels, radio stations, lights, computers, and anything with an electrical current. They can move things around us and through the air even if it is just to get our attention, or to get us to acknowledge their presence. They can make flashlights and alarms work with no batteries for special reasons including to protect us. Again, this is part of the heaven they decided upon to live in at least for now. They even borrow things for a short time. For example, read below a message that just arrived from a person who had a psychic spirit reading at a private home event. She wrote:

“Before my father passed away from colon cancer, he bought rings for my sister and me. He gave them to us a few days before he unfortunately passed away. After his death, we moved to Dover, New Hampshire and have lived here for 10 years now. While in the process of moving to our new home, we lost track of my rings. We searched through every box, jewelry case, and stripped our safe, but came up empty handed every time. We continued to search for months, but never found anything. That fall my mother and I attended one of your private sessions where I inquired about my rings. Dr. Fahey, you said you could see them, but couldn't tell us where because my dad wouldn't let you. Then after a moment of silence, you looked at me, smiled, and told me to stop looking for them and to just trust that they would be returned when I was ready to receive them. Further, into our session you hinted that my late father had borrowed them, so he could have a physical connection to me. When I was ready to be on my own, he would give them back. Sometime later, my mother and I randomly went down to our safe to get something out, only this time when we opened it up, we saw the rings in my mother's jewelry box. It was the most unbelievable experience I've ever had. My mother and I immediately broke down in amazement. I was so happy to have them back, but at the same time, I was sad to know that I no longer had that level of connection to my father. It was truly one of most amazing experiences I've ever had, and I have to thank you for giving me the confidence to know the truth. Without talking to you, I would have never known why they went missing and would have given up, but you gave me hope, and I did find them just like you said I would.”

What I didn't tell the person getting the reading above was that her dad told me he just wanted to use the rings for a while and would soon return them. I was hesitant to say when they would be returned because time doesn't exist on the other side. Therefore, it would have been difficult to determine when exactly her dad would return the rings. What I did know is that he told me would do it. I bring this up because time is something man created. When talking about time with one of my spirit guides, he said, “Whenever you see the secondhand strike one second, one hundred years of your time, goes by here on the other side.” So, we need to make some incredible adjustments here whenever we do anything. Imagine the time and lifestyle differences between the horse and buggy days just a little over 100 years ago, and today. Now imagine all the changes taking place in a second!

Back then, there was no refrigeration, no cars, telephones, computers, and many other things. I think you would agree there have been quite a few changes in the last one hundred years. Now, if it is true that one second of our time equals 100 years on the other side, in the next hour, the year would change to over 38 thousand years from now. Can you imagine what the future will be like? Obviously, heaven must be beyond belief.

However, at least we continue to get a glimpse into its brilliance and magnificence by continuing to make contact with the spirit world and communicating with spirits. Perhaps one day, science will discover a solid link to the spirit world for the discovery of further revelations and to probe deeper into what heaven is like. Until that time, the mysteries of what heaven will be like will unfold through imagination, intuitive knowing, and other psychic ways, such as contacting the spirit world.

Just as we are learning how to fly planes faster and will be able to one day travel for example from Boston to Hawaii in about an hour, we are getting closer to understanding the cosmic connections between our world, and other realms. The most important discovery to date is that heaven is a place of choice. We can go and live wherever we want and without bother. We can hang around our living loved ones, or stick around to see grandchildren, and great grandchildren grow up and have families of their own.

Alternatively, we can choose to reincarnate, and plan better to meet our soul mate at a specific time and place, and until it is time for us to go to heaven, from what the spirits tell me, we need to know there is already a little bit of heaven in us all. Like seeds of wisdom, this hidden piece of heaven inside of us all is a part of our soul and works like a global positioning system (GPS).

When the time comes for us to cross over to the other side, this part of us makes it possible for others to easily find and welcome us into heaven. Additionally, I get a psychic sense this hidden heavenly seed of wisdom within our soul grows, as we start to leave this plane, no matter the speed that we do, it helps us to connect with and move safely into the spirit world.

I believe within the seed is an intelligence that vast, spiritual, beyond imagination, and yet so simple to itself and its workings, as it transforms you to make the journey safe and unharmed. What intrigues me most is that from what the spirits tell me, there is an in-between place of being here, and being in heaven. What happens when we are on the train ride from Earth to heaven?

Spirits tell me the in between lifetimes, including those of past lives, are a time of spiritual change, reward, and moving ahead. We are an ongoing work in progress toward becoming angels in heaven. That sounds good, as I enjoy helping others stay green and growing. Spirits also tell me once our passage into heaven is complete, loved ones surround us, and you can expect to hear a lot of talking and laughter going on as family, and friends rejoice in your arrival. Then, like a party that happily ends, everyone goes to wherever they want by simply thinking about it.

Eventually we choose to stay in heaven, or continue to evolve depending upon our work, and sometimes because of what it is that we must do before checking out of heaven and returning to a physical form, or we can decide to stay longer and ponder more about how to help others. Whatever takes place, what seems to true is we continue to move in a rising fashion, as if growing taller, seeing more and being more of

whatever, it is that we are capable of becoming. One of the best parts according to the spirits is that we are never alone.

At every turn, there is someone or something greater watching over us every moment making sure we are in safe hands. Perhaps the feeling we get of knowing we are okay is part of the seed that little bit of heaven within that helps to give us comfort, or an intuition that we are special and that we do makes a difference in the bigger picture of all worldly things.

By knowing all this before we go, we can nurture the seed of wisdom within us giving it instructions of our state so when the times comes, it knows exactly what course to put us on. The more we live out life here on Earth in heavenly ways, the more we can expect to experience the spirit of heaven when we arrive. Why there is a relationship between what we do here and what happens in heaven is one of those mysteries, but again from what the spirits tell me, there is a definite connection.

The best theory I can think of right now is that our energy is linked with similar energy on the other side, and as our brain was made to always strive and move ahead, we do the same as we cross over to the other side. Therefore, all that we think, say, and do, influence everyone, and everything else including our trip to heaven. Thus, there is no question about the importance of learning and practicing right-thinking skills.

I feel as we think more with an open mind about heaven, more intelligence from that seed within our soul is released into our being, our physical self, and when this happens, we get a *déjà vu* about what it will be like in heaven. With a little practice, the door to the imagination and the other side opens more allowing us to see more heavenly things, and sometimes to experience heaven.

For thousands of years, people have already experienced a small dose of heaven through near death experiences (NDE), out of body experiences (OBE), and in dreams. What is interesting to note is that all the things spoken by those who claim to have already made a visit to heaven are similar if not exactly like those told by spirits to psychic mediums like me. With this insight, you may start to think there is a world within us to manage, and one on the outside of the self, and as we cross over to the Other Side we simply leave the body and the world within moving from the physical vehicle to our astral self-traveling out into the beyond.

Regardless of the path or process, we go through a transformational process and survive the experience, and in a special way that makes it possible for us to decide what we want to do next, stay with family and old friends, move on to higher planes of knowing, or quickly go through another rebirth. Therefore, for right now, the best answer to the question of what heaven will be like comes down to your imagination and self-choice, and the power within you to experience a little bit of heaven right now. All this is determined by your passion for life, ability to demonstrate right thinking skills, and most important your understanding of the power of love.

When you cross over to the other side, you too will automatically surrender all the stress of life and enjoy a new life in a new world filled with joy and blessings, and a place where you experience only kindness, and never hurt. Finally, think of your fingerprints. No one will ever have fingerprints like you. You are indeed special, and just like in every wild heavy snowstorm, no two snowflakes are ever the same, you are different from everyone else here on Earth and will be in heaven. You are the reason others learn, grow, and experience different levels of imagination at work. Never let go

of your ability to at times practice life with childlike belief. When you do, you see a little more of what heaven will be like. Start today, and let the healing begin. If you need help, come, and enjoy one of my lecture series, and schedule a private sitting today. On Earth, as it is in heaven, *"We're Expecting You!"* Good luck!

Is it time for your private reading?

[HelloFromHeaven.com](http://HelloFromHeaven.com)

# BLESSINGS

“I tell you the truth, anyone who has faith in me will do what I have been doing. He will do even greater things than these because I am going to the Father.”

– John 14:12 (New International Version)

Jesus said after each time he created a miracle, *“All these things I do, you will do, and in greater numbers.”* He was talking about making miracles happen in life, and in the life of others. Therefore, I hold daily distance healing meditations for all those who write and tell how they want distance healing. I honestly believe we can heal ourselves, well, at least most of the time. When I first started teaching others about positive mind dynamics, one common statement I told students and clients was that “95% of all illnesses start, and end in the mind.”

Today, over forty years later, more than half the doctors who hold membership in the American Medical Association believe that we make ourselves sick, and that we are who really heal ourselves, not them. Doctors, psychiatrists, healers of all types are simple guides to getting you where you should be so you can then take over the process of healing. The wisdom about this healing ability that I believe we all have come from not only being psychic, but by extending my psychic abilities to being a medical intuitive. However, I don’t promote this.

Still, to give you a better idea of how I work, and sometimes without the permission of those who come to me for help, let me give you an idea of what this means. Since most readers of my work are not graduate level students, I have decided to be a rebel and use what is considered commonly among scholars as an unreliable source to explain certain terms. For example, a medical intuitive is defined online at Wikipedia as, “an alternative medicine practitioner who uses their “intuition” to attempt to find the cause of a physical or emotional condition. Making a formal medical diagnosis is not in the scope of practice for many medical intuitives, but some medical intuitives are also M.D.s.” Now, I fully understand Wikipedia is not viewed as an acceptable or trustworthy source for academic research or consistent information. However, this was the best definition I could discover and perhaps because of our present scientific community, the control of media, and the profession’s place in today’s society.

So, a medical intuitive uses “psychic intuition” to see and diagnose conditions of human body parts, systems, and organs. To help understand this better, I enrolled and earned from several non-traditional schools doctorate degrees in Clinical Nutrition and Naturopathy. Researchers and scholars forgive me, but again online, Wikipedia defines Naturopathy (also known as naturopathic medicine or natural medicine) as, “an alternative medical system that focuses on natural remedies and the body’s vital ability to heal and maintain itself. Naturopathic philosophy favors a holistic approach and minimal use of surgery and drugs.” In essence, a naturopath doctor believes the human body can heal itself through proper diet, exercise, lifestyle change, and other natural therapies. All this was certainly in line with my psychic work and what I sensed was the truth about our inner nature and wisdom. With this came a working style when seeing

clients. While in private practice, and certainly, whenever clients asked for it, I would transfer positive blessings for healing purposes, abundance, and prosperity, for the attraction of true soul mates, including pet soul mates, and for greater health, wealth, and success.

Whether students or clients were standing directly in front of me, or if I had to remote view them at a distance through time and space, I could easily see the energy of their human aura, and straight through into their current health condition knowing what needed to be done, if anything to achieve more life and living. At first, my practice grew nationally, then internationally as people reached out to me from all over the globe. All of this ultimately led to expanding my knowledge about the spiritual side of life, and it became part of my work. In my discovery for more spiritual knowledge, I became a practicing reverend.

The act of my ordination, the rite by which a person becomes a minister was arranged and completed by The Universal Brotherhood Movement, Inc., an interfaith ministry in Coral Springs, FL 33067, an interfaith ministry (see website: <http://www.universalbrotherhood.org>). As a requirement, I needed to invent a name for a ministry. I called it, *The Souls of Equanimity*, meaning to focus on a steadiness of the mind, body, and spirit under stress: and to be calm, even-tempered, and composed as we journey through life here, and into the beyond. Who would become part of my ministry?

The answer about who would become a part of my ministry would be every person, place, or thing, I would meet. Down deep, I do not believe any person comes into my life by chance and that when I do meet someone special than the meeting was meant to be. Thus, there is a lesson behind the chance encounter, and because I want the encounter to be only a positive experience, I do whatever I can to make it so.

For example, your loved ones who have crossed over to the other side may guide you to see me for one or more good reasons. Therefore, at first, I will be cautious about informing you about their presence, and sometimes even go so far as to ask permission if it is okay for me to say certain things to you. Usually, there is not a time when I am standing and talking with someone that one or more spirits are right there informing me of their life story. Like the weatherman, spirits inform what is coming up so I can interject comments leading the person I am talking with, to gain a higher awareness about something going to take place up ahead, whether the event coming is stormy, cloudy, or full of sunshine.

If the person I talk to is open and gives the okay signal, meaning that I can say more about what I see and hear, I give what I get holding back nothing. Destiny or fate may have something to do with it. Because I have a good idea of the why of my own existence here on Earth, I take every opportunity to transfer knowledge, and healing energy, or power to others. Even if I were to meet you, five minutes from now, this is most likely what would happen.

I would also do what I could to make our time together the happiest, and most productive experience knowing our connection again could be fate, one that turns out to be a moment in time when because of the encounter this becomes a positive changing day in your life leading you to realize you can achieve anything you want.

Being protective of outside influences that always surrounds my work, to increase the link between what I do when with others. I am also licensed to practice as

a psychic medium in Florida (license # 2016092390). The license is required because each Florida County has its own special laws that regulate professionals at work.

I know what you are now thinking, "You need to be licensed to be a psychic?" You do in Florida! In fact, there is also a license requirement if you want to practice just about any form of healing arts including hypnosis, acupuncture, and chiropractic work. Because I am a reverend, there really was no need to apply for a license to practice as a psychic medium because of religion and state law conflict, but I did. I went the extra mile only to show another level of integrity, and that I am honest and truthful, and simply interested in moving my work from good to great.

I know! I know! However, no matter who you are or what you do for a living, there will always be someone or a group of people, who will not believe in you. In fact, some people make a living influencing others to think the way they feel, including what their company wants them to think. In other words, if there is one thing you can bank on in life, at least here on Earth besides death and taxes is that you will encounter people who will try to persuade you to think in a way they believe you should only think and believe.

The reason people want to control others like this is for many reasons, but mainly because of fear of the unknown. Whenever this happens, first, you "feel it" happening. In other words, you get a "gut" feeling something is taking place. You usually can't put your finger on it, but something, or someone is trying to make you think differently, and it all happens through energy. Usually, those ideas that hold an emotional appeal influence the speed of what you come to know as the truth.

To understand what I mean, let's do an experiment. Rise up both your hands and make believe you are holding a basketball. Now, as you continue to do this, imagine you feel the air pressure in the palms of each hand as you hold the ball. "Feel" the ball between your hands. Do you "feel" it? If you do, what you are sensing is your aura, the energy that surrounds your body. Perhaps, when you do this, you may feel cold and hot spots.

The energy you sense is the energy I move around when giving blessings and healing during psychic and spirit readings. Regardless of time and distance, these blessings unfold. However, I always make it your choice regarding where the energy goes, where other people who may want to control you, direct the energy. When this happens, you then feel compelled to do things, as if under a spell, and as if you have no choice but to follow the commands of another. What you need to know is that regardless of another person's powers, you always have a choice.

Whenever someone comes to me, or a chance encounter takes place, I transfer blessing and healing energy in a special way to bring about internal wisdom within the person to bring about a new energy pattern and higher sense of knowing to attract whatever that person, place, or thing needs most, not what I want. For example, whenever I connect with others, on deeper levels, my spiritual being becomes a sort of human GPS for people, animals, and other living things to become energized, and enlightened for the purposes of only bringing about hope, happiness, well-being, and prosperity.

This all happens in an instant when an encyclopedia of psychic impressions about the person, place, or thing comes into mind. I see it all in a snap but carry on as if nothing else was happening. The experience is never tiring, or overwhelming, just

simply amazing, and different because each person's bio-individuality or makeup is different, each place has its own memories, and each thing, has its own lifetime of emotional intelligence. As if resembling a mirror, my presence allows those I encounter to be who they are, or worst to see and experience their real self, and this may even make them feel uncomfortable and want to end the connection.

Whatever takes place, it is their soul speaking the truth of its deeper concerns, so an awakening and release takes place for the purpose of encouraging hope, love, and gaining strength to live a more bountiful and complete life. Again, all this happens in seconds! Whenever I am present in any forum, and most definitely prior to any psychic demonstrations, there is an execution of blessings and healings for the divine protection of others.

I also call in the archangels whenever I am present in any forum, including if I am performing distance healings. By calling in certain archangels, a new sense of positivity fills the air and helps to remove negativity and energy blocks in a way that encourages faster positive change, wellness, and equanimity, a natural state of balance in certain people, including pets. Whether in person face to face with each other or connecting with someone who lives on the other side of the planet, guided blessings bring about creativity, inventiveness, enthusiasm, and wholeness.

As mentioned earlier, although one may not perceive the sensations of blessings or the transfer of healing energy during an encounter, but the blessings and healing energy gets to the target, every time. Most experience a sense of peace. What exactly do blessings do? Blessings and healing energies help wash away all types of illnesses, diseases, emotional concerns including anxieties, fears, and phobias, and replacing these is oneness with the self, a deeper connection with the soul and spirit of oneself.

Blessings and distance healing energies work regardless of time and space. The most important thing to know is that blessings and healing energies work. Now through research, we are finding this is true no matter whether you are a believer or not. Through blessings and distance healing, one man no longer needed his foot amputated, while in another person an undiagnosed bladder problem that baffled doctors for months, "strangely cleared up." After one psychic reading during which blessings and healings were given, persons with severe pain from illnesses such as cancer, migraines, and post-operative surgery were all reported as being less. Finally, blessing and distance healing seem to have helped several heart attack victims simply by focusing on thinning the blood.

On Nova, the Public Broadcasting System television show, there was a computer monitor that showed a woman's ovarian tumor reduced in size when a medical intuitive and healer in another room gave her a healing without even knowing the problem! Caught live on camera, everyone could see the change in tumor size. With a computer monitoring the event, you can also hear one of the medical doctors say, "This would be a miracle drug if any worked this well and this quickly." Do blessings and positive healings work all the time? No, as the "healee," has to want it, for it to work and has to believe that it will work. Remember, the bottom line is that we "heal" ourselves.

However, when we get a jumpstart in doing it right, it seems much easier to get going down the right path. This is true with just about anything in life. Therefore, it is a blessing to have each other to help-out when help is vital. However, you want to be wise, and be "selective" about which person, place, or thing you decide to give you the



more to do with the unexplained. To help him grow up psychic, his mother nurtured his ability by playing 20-questions on a game Ouija board. To prevent labels defining him as unusual, he learned to keep his ability a secret by listening to his spirit guides who lead him to study hypnosis.

Practicing hypnosis and self-hypnosis lead to an interest and study in music (playing the accordion), and humor through ventriloquism, which eventually would become perfect ways to keep hidden from others his intuition, psychic, and mediumship abilities. By age nine, he sensed a heightened strangeness as he realized a keen sense to read the thoughts and presence of others including those in spirit.

Several years later, he came to see the future era of global spirituality, and the metaphysician within emerged. Like many other mediums, no school or training could prepare him for his future work, as his ability to communicate with those in the afterlife emerged out of his own self-guidance, and willingness to learn and understand his life's mission better so he could best help those guided to him for spiritual help and support.

Dr. Fahey graduated from Woburn High School and then advanced to studies that would show him how to help people succeed. He focused on specialization in education, counseling, and alternative health care and graduated from Cambridge College earning a Master's in Education with a major in Counseling Psychology. Later, he earned alternative doctorates in Nutrition and Naturopathy.

Dr. Fahey earned a doctorate (Ph.D.) in Education with a specialization in Training and Human Performance Improvement from Capella University in March 2007. After nearly for decades working in private practice as a counselor and personal and business life coach in Quincy, Massachusetts, Dr. Fahey moved to the island of Maui, Hawaii and began studies in Hawaiian spirits, naturology, natural life energies, and to openly tell others about his talents. Nearly a decade later, the voice of his soul told him it was time to return to New England. He spent four years living in Wolfeboro, New Hampshire, when he decided to move to southwest Florida where he stayed and worked for 11 years until he was called upon to be an academic dean for an international school in Boston, Massachusetts. He remained there for nearly a year and half when he was called upon to return to Florida in April 2016. This time in the West Palm Beach area where he now lives with his wife.

Since 2006, Dr. Fahey taught online for the University of Phoenix in the College of Health and Sciences teaching courses in communications, finance, and multi-cultural diversity, at ITT Technical Institute and Southern Technical College in Fort Myers teaching social psychology, and success strategies classes. He is also now a Certified Life-Cycle Celebrant and currently earning a second masters in English Language Learning and Teaching. When he is not studying, teaching Dr. Fahey is in his home office in Lake Worth, Florida, getting ready to perform wedding ceremonies, dinners, and or conducting private and group psychic spirit readings, hypnosis, and life coaching sessions online.

For more details visit: <http://www.hellofromheaven.com/>

### **Birthplace**

Cambridge, MA, United States

## Accomplishments

Dr. Fahey is a nationally renowned psychic spirit medium who is also a research scholar and bestselling author of books on mind, body, and spiritual healing and has performed more than 50,000 readings.

- Professional Wellness Life Coach, Hypnosis and Counseling Practitioner (Over 40 Years of Experience)
- Spiritual Medium
- Certified Life-Cycle Celebrant (April 2016)
- Spiritual Intuitive Keynote Speaker
- Ordained Minister (2003)
- Practitioner of Spiritual Healing & Care
- Former Faculty Instructor: University of Phoenix in the College of Health & Human Services
- Former Academic Dean and Faculty Instructor: ITT Technical Institute (Success Strategies, Psychology)
- Former Academic Dean: Computer Systems Institute – Charlestown, Massachusetts
- Masters in Education—M.Ed. Major: Counseling Psychology Cambridge College Accredited University
- Doctorate in Naturopathy—N.D. Major: Natural Sciences Westbrook University Non-Traditional Studies
- Doctorate in Education—Ph.D. Major: Business Management Capella University Accredited University
- Author of: *Rainbow Soul Mates—They Are All Around Us* Outskirts Press. November 2008.
- Author of: *The Gift—Success Through Positive Mental Energy* Outskirts Press. March 2009.

## Additional Information

Rev. Dr. Robert Fahey, Ph.D., connects with the surviving soul of loved ones who have died. As a research evidential spiritual medium and psychic, he makes himself available to those who have crossed over to the Other Side acting as a bridge between two worlds so that a communication can take place. He uses his gift to relay messages from an outside source that of Spirit. Robert does not promise a prediction or advice, but only hope for validation or “proof” of the authenticity of the messages he gives. Deeply compelling, often startling, and occasionally humorous, Dr. Fahey’s down-to-earth approach has earned him a vast and loyal following. Now, in his remarkable, self-empowering book, this super medium and psychic reveals how to prepare for a psychic reading specifically by a psychic spirit medium and become a spirit master through the personal experience that shows we are not alone.

## Contact Information

Dr. Robert Fahey, Ph.D.  
DRFAHEYBIOHEALTH

Is it time for your private reading?  
[HelloFromHeaven.com](http://HelloFromHeaven.com)

# BONUS PSYCHIC GUIDE

## PSYCHIC MEDICAL INTUITIVES

“If people knew how hard I had to work to gain my mastery,  
it wouldn’t seem wonderful at all.”

– Michelangelo

Just as my dentist walked into the room and reached up to turn on the overhead lamp while saying, “Open,” I politely interjected telling him, “I will do my best for you today.” Suddenly, he pulled back slightly, was silent for a moment, and then said with a blunt tone, “Look, I’m on, you’re not on, I’m on.”

My dentist knows among other professional services, I give psychic spirit medium stage performances, and so he seized the moment to make it clear that while I was in his chair, it was his turn to perform, not mine. Although I quickly got the message, I couldn’t stop what was going on inside of me. The fact is, my entire being prepares for moments like this, weeks, if not months in advance.

Okay, so I was supposed to just sit back, relax, and enjoy the service. Yet, if you think about it, just who can do that while sitting in a dental chair? So regardless of the message my dentist just gave to let him only do what he does best, I knew my psychic sense was already in action scanning every movement and sound, including tuning into the thoughts of those in the outer offices, and of the spirits who seem to be there when I was.

Again, not only was my inner spirit at work getting me ready for this visit but also just prior to and especially during any dental procedure starts, there is a surge of internal psychic activity. Today, all this psychic energy build-up now automatically takes place whenever I am involved with anyone, including if someone is teaching, giving a sermon, and specifically whenever a service includes touching me, such as when I get a haircut, an eye examination, physical, massage, and even when playing with my pet soul mate Spot. Why does this take place?

Well, my sixth sense spontaneously goes into action to generate, if possible, a higher level of brilliance and positive attitude, and then combines this energy with that of the other person to maximize human performance skills at all levels for bringing about only a positive outcome. In this case, my psychic energy combines with my dentist’s intention to give me a great smile, as I know this type of psychic channeling helps to

determine the degree of total care, speed of service, healing, and mastery of treatment results.

In essence, like teamwork, I psychically do my part by first being a willing patient and holding only complete confidence in that when whatever I do is mixed with that of the dentist's talents, this psychic cooperation will bring into play higher levels of positive readiness and awareness to complete as quickly as possible whatever needs to be done. It works every time, leading to a care process that makes any treatment practically guaranteed. Now, why do I do this?

Well, it's no secret, like millions of others, I truly hate going to the dentist. I don't like going to any doctor, but I know that if you want to enjoy life and living to the fullest, you need teeth, good teeth, and more. At least you do in society today . Oh, I know in the future, like in only a few thousand years from now, teeth will become unnecessary, as all meals will be in pill form.

When we take the new food pill, inside will be special taste and nutrient triggers that will excite not only the taste buds but also all the other senses, and within seconds will make us become fully satisfied including with a natural high. Trying to lose weight, grow hair, overcome allergies, learning disabilities and so many other health issues will become extinct. However, right now we all need a healthy-looking smile to be more successful, especially if you have a job that includes standing in front of people.

My point is, I must invest time, thought, and energy to be the best willing participant in any service I think will be helpful to me to grow strong. What this also means is that I need to play a part in the making of who I am, and whatever my level of psychic willingness is, then that energy will carry over to help whoever is trying to help me by giving me service, and apparently it shows. I act this way no matter where I go, and again, especially with whomever I allow to touch me.

In other words, I always seek to participate at the highest levels possible in whatever I decide to do, even if it is simply thinking about something. Whether I am the doctor, teacher, healer, student, patient, or client, I believe I should play out my part to the best of my ability so I can experience the highest levels of understanding, emotional intelligence, and reward possible in any giving relationship.

Therefore, I am constantly seeking out ways to help myself, my inner spirit so I can in turn positively help others in special ways so that in response to my giving, others can in return help me, and by working together in this way, I get to discover more ways to help myself even more. All this action and interaction of psychic energy exchange is a sort of psychic ongoing circle of excellence that encourages and increases learning and power of healing for mind, body, and spirit mastery.

Yes, we all need each other's willingness to be present and help others when necessary if we want to be green and growing in life, and with this genuine interest in understanding for one another, we learn more about ourselves. We are all people who need people, to live, work, and be successful. I guess you could say I see life as a spiritual journey of give and take, caring and sharing, and one where we are all explorers on a journey out to discover how to achieve self-mastery of our spirit. Ultimately, we find ourselves living the experience of becoming a spirit master.

More important, by thinking and acting in this way, we attract in life only the ones who hold similar thoughts like the ones we think about all day long, and by doing so we can give sound advice if needed, making all our special positive and enjoyable

relationships reciprocal. By making a choice to be a person of wisdom and hope to those like ourselves, we become for others a sort of spirit star, as we learn from each other lessons about life, and even about the beyond. To help nudge my thinking into pondering over how to become a better spirit master many times, I meditate on my future selves.

Future selves are what we will be like in the future. We all can predict with almost certainty where we will be tomorrow, or next weekend, what we will be doing, and many times, right down to knowing the clothes we will be wearing. We all have a good idea about where we will be during the coming holidays, and who will be around us, including the activities that will take place.

As I practice in my mind seeing pictures and images of my future selves, as if in a theater and watching a large movie screen, I am at the same time both a spectator, and actor. Although I can clearly sit back, relax, and watch myself on an imaginary movie screen playing out the parts of whatever I predict will take place, at the same time, I can psychically sense while performing as I am the actor of my thoughts experiencing the parts played out.

I do this and teach others how to do this for many reasons, but mostly because this mind action generates expectations, and generally what one expects, happens in real life. If I expect success, then success takes place, and if I expect failure, then in most cases, that is what I find or experience. So, I practice seeing my future selves doing positive things. I do it so when the reality of an experience does take place, no matter how small or trivial it might be, I not only have done it maybe a dozen times perfectly in the showcase of my mind but also will be more ready to do so with higher performance results and expectations if it happens.

Additionally, each new experience comes with a higher level of learning and enjoyment. In other words, whenever I decide to do something, anything, I get myself "READY" to have a good time, so I experience more happiness. Abraham Lincoln once said, "People are as happy as they make up their own minds to be."

By choice, I guess you could say I am always learning how to become a better spirit master. In so doing, I become for those of the living, a spirit star, including for loved ones who have crossed over to the other side and who hold similar thoughts like mine. My personality, disposition, and attitude become a sort of huge welcome mat for all who think as I do.

By exercising daily this psychic self-development process, I become more open and approachable by those who want to be in a similar position, the same as I am, and who have a want for more of everything good in life, more success, more love, better relationships, more money, better health, and well, just about anything you can imagine. However, to get more of what we say we want most, we need to know that all objects in life are made up of energy forms, and more important that all energy is connected. Therefore, like attracts like, and just like the universal laws of the universe that work every time, there are universal laws of positive mind dynamics that work in the same way.

For example, if I take a rock, and throw it up into the air, at some point, it will fall to the ground. It doesn't matter whether I do this in America, Australia, or in China, the rock will come down. Why? Well because of gravity. Gravity is one of the universal laws of the universe. Gravity will always work for you. So will the use of certain universal laws

that govern your thinking mind. Have you ever heard the saying, “Birds of a feather, flock together?” What the proverb means is that people with similar interests attract others who hold like thoughts and come together in groups.

Therefore, by having a mindset that corresponds to certain people here in the living, and those on the other side, there can be new relationships and meetings that take place. To help enjoy more of the reality of these positive experiences, I take mental rides through time and space to see what probable future events will be like and do it again, to get more ready, so if any event takes place, I can make the situation even better than what was meant to happen.

You could say that I am a believer in that we are always getting “ready,” to do things in life. I am, and if you think about it, you do to. You get ready to go to bed, eat breakfast, lunch, or dinner, you get ready to exercise, go to work, study, drive your car, play a game, make love, talk on the telephone, take a test, clean the house, hang a picture, read a book, watch TV, and anything else you do. You first get ready, to do it.

Human beings are creatures of habit. We tend act and do everyday jobs the same way, all the time. For example, when we get up in the morning, we go through a morning ritual and just about the same way every day. We are incredibly predictable, if not living downright boring lives. Every day, we put on our right shoe first, or left, our pants, and then our shirt, or shirt, and then our pants. We button up or start at the top and button down our shirt. We comb our hair much the same way every day. We do hundreds of acts all day long in a way, that if you had someone video-taped you for a week, and then rewind the tape, sat back, relaxed, and watched yourself, within the first twenty minutes you would probably concluded – it may be that your life is if anything, like an echo of days gone by.

What eventually happens is that most of us end up in a comfort zone, or worst, in a rut. We begin to see things only as they are, including ourselves doing the same thing, thinking the same way, every day. Life becomes less, instead of more. Doubts enter the mind, and we know that behind every doubt, is a doubter. Remember now, like attracts like.

With doubt in mind about anything, we generate energy about the idea we have a doubt about, and become skeptical, and then we start to doubt someone, or something else, and so on and so forth until we doubt, we can become or do anything great, including attracting true love, or experience a miracle. How can all this change so you can also become more of a master of your spirit? Remember the motto, “It a cinch, by the inch, hard by the yard.”

Start by changing just one thing, daily. Instead of putting on your right shoe first, put on your left, or the other way around if that applies to you. When you put on your shirt, button up, instead of buttoning down. If you brush your teeth, and take a shower, take a shower and then brush your teeth. Just do one thing differently daily to start the changing process in your life. I am not saying you need to continue to change whatever you do change forever. What I am saying is that you do it for just one day, and maybe again the next day, and so on, and so forth.

Perhaps, you will make a choice to make the change permanent. If you do, by the end of the first thirty days, you will have changed your life in thirty ways. If you perform two changes daily, then that would be over sixty acts, and by the end of the year, over seven hundred ways you positively changed for the better. Within twenty-one

days of starting, you will become more “flexible” in your thinking, and by becoming more flexible, you become more open to new ways of thinking, imagining, and experiencing life. Of course, weekly, or monthly, you will want to check your progress so that you stay green and growing, changing into the person you most want to be.

By being flexible in your thinking, your spirit will automatically generate positive creative energy and thoughts leading to enhanced psychic visioning of your future selves in a more positive light and start to attract more success in all that you think, say, and do. You will be well on your way to becoming a spirit master, as others around you begin to quickly notice something different about you.

I repeat, like attracts like, and you will see just how fast others who love to be a part of a more colorful person like you, will do whatever they can to become more a part of your life. This includes starting new caring, giving, and loving relationships. You will automatically move others whenever they are around you to think silently saying, “I like me better, whenever I am with you.” In so doing, you will become a positive and good spirit star for so many. Great people and good fortune will simply become a way of life for you. Hurt, pain, suffering and lack of things will become, a thing of the past.

Now, what does all this have to do when it comes to seeing a psychic spirit medium? The answer should be obvious to you by now. You see, a spirit, or psychic reading experience can be extremely rewarding if the person who is getting the reading is “ready” to experience the process. More times than not, certain people go into a spirit or psychic reading thinking the psychic spirit medium is a sort of magician, and that he or she is essentially going to psychically, pull a rabbit out of a hat and create a miracle at any time, for anyone. Only the trick of pulling a rabbit out of the hat trick holds a deeper meaning in that some people going into a séance want what they want to see, or expect to experience what they expect, and instead of having an opened mindset, they go into a place of wishful thinking.

For example, I just received a telephone message from a woman who went to a demonstration I performed not too long ago. This was an open public group forum where people came to learn about me and become educated about psychic spirit reading process. The woman called to say, “Hi, I saw you at a recent event, and I had a reading with you, and I just want to say I am disappointed because I did not want to hear about you, or your stories. I needed help then, and you did not help me. I just want to say that you need work, where you must learn to help more people. There are a lot of people out there that do not help people, and you are one of them, for me. I finally found your phone number to let you know this, because it is sad what you do. You know maybe you are right with others, but you sure were not right for me. I feel sorry for your wife.”

What happen here? Well, some people can only see and experience what they know or expect to see what they have learned from watching TV or what they have seen in Hollywood movies. Some go into a psychic reading process with the intention of “testing” the psychic spirit medium. This is not a good idea as the psychic would know exactly what is going on, and as the great philosopher Aristotle once said, “What you expect, that you shall find.”

When this type of situation takes place, the psychic energy of the “tester” or the person who has their own psychic reading agenda generates only negative energy and blocks from the psychic spirit medium, guidance and many times spirit messages from

coming through. In other words, even though some things are true whether you believe in them or not, people still want to experience other people, places, and situations the way they want to, including proof about certain things before they become fully ready to take part in the process. However, because of where science is today, there is only so much we can do and prove. "Prove to me the sky is blue," said one client. "Help me the way I want you too," said another. One person said, "You cannot prove to me there is a God! So why should I believe when we die, we don't die?"

Obviously, these people have come into my life for a reason, or else they would not have a need to know more about the human condition, the human soul, and perhaps more knowledge to have more flexibility in their thinking. The chance encounter must also be that I was chosen to help them, if possible, to understand there is more to life and living, as they know it. Still, many times, regardless of how accurate a reading is, some still think the psychic spirit medium needs to magically bring into reality the dead, and again, in a way that they expect, and if this does not happen, then this is proof enough that when we die, we just die, and that there is no more.

So, people have funny thoughts about many things, and keep them until they experience differently. You may not believe this, but I cannot tell how many people think I live in a cemetery and that before going on stage, I have a conversation with all their deceased relatives and after the event, I go back into a cemetery to lie down and rest before I am set to perform again. I do not live in a cemetery. I live in small condominium, and sleep in a normal bed, beside my wife, and Spot, my dog, a Papillion.

Still, no matter what I say, for some strange reason, people believe there is a special bed made by the spirits, and it is magically placed in a nearby cemetery to wherever I am scheduled to perform. Then, after each performance this is where I go to converse with loved ones in spirit, and then to sleep. I do hope you conclude my situation differently. I am still a part of the living and enjoy doing what I do best. This includes giving psychic spirit readings to those that are "ready" to receive messages of love from the beyond.

When I say a person is "ready," I mean that they are willing to do their part in such a way that the experience becomes genuinely exciting, memorable, and eternal. Whenever I go to the dentist, I am not skeptical, and I do not go in with an attitude that he needs to prove to me he can provide me with a service that will be helpful and healing. I go in with a special type of mindset that makes him smile to see me.

No question there is a wide range of diverse knowledge about the true workings of a psychic spirit medium when people go into a reading. However, the ideas that one holds determines largely much of the outcome during a spirit and psychic reading process. With more knowledge about oneself and the spirit and psychic reading process, the experience can be again, unforgettable, exciting, memorable, healing and can be just like when one goes for help to a great doctor, counselor, or life coach.

Only in this case, when seeing a professional psychic spirit medium, you do so for specific reasons, including making contact with the spirit world and deceased loved ones who have crossed over to the other side. It takes two to tango, and to move a good psychic spirit reading to one that goes from good to great, you must tango with the psychic spirit medium. The goal of any person who wants a great psychic spirit reading should be to do whatever they can to become a spirit master and not depend solely on the psychic spirit medium to bring about a great reading experience.

The person wanting a spirit and psychic reading should be a positive, open-minded participant who wants to experience the process to the degree of showing more involvement and if possible, higher positive energy than that of the psychic spirit medium for the best outcome. By doing so your positive psychic energy will help to lift whatever level of spiritual psychic energy the psychic spirit medium may have at the moment, and by combining the two will give rise to bring about the right conditions for again, moving the reading process from good to great.

The truth is the higher the positive levels of psychic energy, and readiness a person has going into a spirit and psychic reading process, the more likely, loved ones who have crossed over to the other side will join them, as these factors hold power and a positive influence to bring the real experience. Even the psychic spirit medium will admit, they must raise their energy, and the spirits must lower theirs for any probable spirit contact to take place.

Therefore, if the psychic spirit medium is for some reason experiencing low levels of energy, including for the fact that the person they are reading has low levels, and is influencing the medium's energy, the outcome of the reading may not be what it could have been. Should the psychic spirit medium be able to compensate for any lack of, or because of low energy levels a person has while performing a reading, then this may be helpful, but again, not as much as it would if both persons were in sync with higher levels of energy.

Thus, the healthier the psychic energy of the psychic spirit medium, and person getting the reading the better as they can combine during a reading process. If the person getting the psychic spirit reading provides more psychic energy that is positive than the medium, then many times this helps the psychic spirit medium to get much clearer and accurate spirit messages from the beyond. Here is another tip on raising one's psychic energy levels. An ancient proverb spoken years ago stated that, "Cleanliness, is next to Godliness."

This proverb will not be found in any Bible, but the purpose of the saying no doubt was not only to make a point that one should have a clean home to practice hospitality, but to encourage and assure better health. Furthermore, the idea of the proverb is to cleanse the mind of certain thoughts and beliefs, as we now know today more than ever that we become what we think about all day long. Thus, by thinking with a clean mindset, as we can learn how to through self-hypnosis, meditation, or yoga, then we can give rise to an awareness of a special doorway to the beyond where we can daydream and meet with confidence those still living, and those who have crossed over to the other side. This is called remote viewing.

The experience can be as real as some dreams, or nightmares you may have had. Therefore, a clean and positive mind is necessary so that you have no fear or doubt about your ability to attract only those people, places, and things like your own positive way of thinking. As you move in your mind from one place to another, you encounter experiences, again only positive ones because of your own mindset that become empowering to your life and life's conditions. With a clean mind, you learn that an awareness of something, of anything at this deeper level is special, and can help you change positively and meet with others in a different light.

You quickly discover that by practicing a clean mindset, recalling memories is easier, and making sense of psychic energy connections comes naturally. When this

happens, and you decide to have a spirit, or psychic reading, you move through the experience at such a higher level of awareness that even if the psychic spirit medium does not say certain things, you can make contact and know in your heart and soul what the given messages mean. You can make sense out of nonsense when some messages are not completely clear. You move into a state of mind of "knowing." By doing so, you become a true spirit master, spirit star for all those around you, no matter where you go, what you do, making others say without saying it aloud whenever they are around you, "I like me better, when I am with you."

When you do, you cause an invisible circle of energy that creates a reciprocal, nurturing, loving experience for you and others to come together and do the same. The circle of energy makes it possible for one to know oneself better. Again, you then become to everyone at some level, the spirit master. Finally, here are a few last hints about what works to enhance one's ability to come clean, so you can easily raise your psychic energy up higher. First, use one or more of the four elements of nature; Earth, fire, water, air, properly to enhance positive spiritual forces.

For example, consider water. I drink only distilled water. Of course, there is a choice of other types of waters to drink and use daily, but I hold a belief that only distilled water is the best. I won't get into all the reasons why, but you can be sure if you start to drink and cook your foods in only distilled water, within a couple of weeks, you will begin to crave more of it. Why? Because distilled water is pure water.

Distilled water is tasteless and is the best water for removing what the body does not need out of the body, helping you to come clean in a way, so you feel refreshed, renewed. Again, I only use distilled water for drinking and cooking purposes. I also use other types of water to shower and bath with, but you can be sure there are filters placed where all the water must move through first before touching me.

To help raise my energy levels, I try to be alone while taking daily baths that lasts at least thirty to forty-five minutes. First, I turn on an artificial candle, and then the tub water. As the water is pouring into the tub, I add small amounts of baking soda to neutralize skin acids and help wash away any oil and perspiration. Additionally, I add a small amount of tea tree oil. Then, once the tub is filled, I turn on low, soft meditation music, and then slowly enter the tub water. By the way, I say slowly only because I try to make the tub water as hot as possible. Once, I have done this, a ritual of positive mind dynamics, and breathing exercises including thoughts for distance healing, prayers, and other psychic channeling begins.

As I am relaxing, I am using my higher senses to help discover and deliver important messages from the beyond. It always works. Should you decide to do these things, you can expect the time out periods to help give you more passion for living, and before you know it, there will be a beat in your step, as your walk lighter, faster, and this soon combines with a constant smile.

By the way, it takes about thirteen muscles to frown, and nine to smile. Therefore, it is easier to smile. Even those who call you on the telephone will hear the difference in your voice, and without knowing how you did it, will imagine you smiling while talking to them. Another way to increase your natural psychic energy positively is to take vitamins, minerals, herbs, and other special types of nutrients.

Learning what is right for you is easy and the investment in fun when you plan and do it right. Going to a nutritionist that performs nutritional hair analysis can be

extremely helpful and start you on the track to higher levels of psychic energy. Making an appointment with a naturopathic doctor can make all the difference in the world as this type of doctor specializes in only natural remedies.

Writing a daily journal, reading, and researching new ideas can all lift your mind and make it possible for you to expand your horizons increasing your psychic energy. Working with the ground, has become for most outdated. At one time, while people walked the land, they did so barefoot, and absorbed many powerful nutrients. Today, we hardly ever set our feet on the ground, Due to this fact, we need to think about what changes have taken place making it so we have less energy, and change the situation, so we can get back what we need to live a long and happy life. The time, thought, and effort is not difficult. The rewards are many times quick.

We can become a spirit master, spirit star if we decide this is what we want most, and then do it. When this happens, again, more of everything comes to you. Another saying is, "The world moves aside, for those who know where they are going." Where are you going? Are loved ones who have crossed over to the other side trying to guide you? Do they have a message for you? Be creative and know you can change right now so you get the messages too.

Start your day by doing something different, and know, by doing so, you are on your way to becoming the next spirit master, spirit star. If you plan to see a psychic spirit medium, then prepare yourself. Do whatever you can to increase your psychic energy. It is important, if not more important than that of the psychic spirit medium. When you ready yourself, then making contact with loved ones who have crossed over to the other side is easier, more rapidly and can be quite a revelation.

To become your own spirit master, invest time, thought, and energy in positive self-development projects so you can at least start to dream spirits and so you can with joy attract and welcome your loved ones who have crossed over to the other side who may want to say one last time, "I love you."

Is it time for your private reading?

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